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## STREET

**LA story** We wish we all could be California girls. This is why

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**Shopping, beauty, culture** Wardrobe, meet bold prints, hero jumpsuits and the new bag shape. You're going to get on





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### **ANITA KEELING**

Anita is a London-based make-up artist who has worked with Felicity Jones, Elle Fanning and Thandie Newton, Her favourite cinema beauty look is Winona Ryder in Beetlejuice - 'Although I'd never have the guts to leave the house wearing it,' she says. Her cult beauty product is Chanel Rouge Allure Luminous Satin Lip Colour in Rouge Noir: 'My favourite deep brown shade was a Nineties staple, and still looks fresh today.' Anita's exercise of choice? 'Horse riding - it's my first love, even before make-up.' See her work on p204.







### **SOPHIE BERESINER**

'Simple, trusted, colourful, reliable and quick,' is how ELLE Beauty Director Sophie would describe her beauty regime. Sophie started her career in TV post-production before moving to ELLE Girl as Beauty Assistant in 2002. Her beauty icon is Kim Kardashian: 'She uses make-up like nobody else - the perfect example of how to create an entire face out of something completely different.' Sophie's own signature make-up look? 'Well, I do love lipstick, so...' Sophie writes about how looking good = feeling better on p271.

**9**@I LOVE LIPSTICK

#ELLEINSPIRE

'Champions keep playing until they get it right'

- BILLIE JEAN KING

### **ROKU ROPPONGI**

Hairstylist Roku was born in Shinjuku, Tokvo. and worked in Japan for nine years before moving to London in 2001. His clients have included Asos, adidas and Revlon, and he has worked with musicians Azealia Banks and Jess Mills. His favourite. era for hair was the Sixties: 'From Twiggy's iconic crop to the huge backcombed barrel curls of Brigitte Bardot and the perfectly coiffed beehive of Audrey Hepburn.' See his work on p204.





### **BELLA HOWARD**

London-based photographer Bella completed an art foundation course at Wimbledon College of Art before moving to Paris to study photography. She has shot Debbie Harry, Rosie Huntington-Whiteley and Lana Del Rey, to name a few. Patricia Arquette would play Bella in the film of her life, and her biography would be called 'Ello Luv. What makes her laugh? British sitcom Nighty Night and 'anything with Julia Davis in it'. See p150 for Bella's photographs of this year's ELLE Style Awards.

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### HEY MADE THIS





### **BEAUTY SCHOOL**

How to pull of blue eyeshadow, minimise under-eye bags and shrink pores - get the answers to all your beauty questions on p240. Then turn to p258 to find out what Beauty Director Sophie Beresiner really has in her make-up bag.

### WHAT ELLE WEARS

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Compiled by: Maybelle Morgan. Photography: Victoria Adamson, Benoît Audureau.



### VERSACE EROS POUR FEMME

THE NEW FRAGRANCE FOR WOMEN



FENDI

# MAY

**\*\***@LORRAINEELLE

arlier this year, I was asked by YouTube to take part in its ambitious global project #DearMe.

I had to make a quick video as if I were writing a letter to my 13-year-old self (I turn 47 in July), one that would inspire the young women who are navigating their complicated and confusing teenage years today. As I was casting my mind back to who I was at 13, it struck me that, during that stage of my life, there seemed to be a lack of young role models I could look to for inspiration.

There were plenty of brilliant historical icons I learnt about but, in the mid-Eighties, I don't remember there being current, outspoken women informing my opinions and ambition in the media I consumed (I grew up in a rural village in

Cornwall, so quite removed from the wider world). Now, of course, young women have a variety of modern role models with intelligent voices they can be inspired by. It's getting easier to 'be what you can see'. Actress and UN Women Global Goodwill Ambassador Emma Watson, who featured on the cover of our Feminism Issue in December 2014, is perhaps the best example.

While putting this special Beauty Issue of ELLE together, I met another young woman with a unique and influential voice – someone very different to Emma, but with the same contagious and intelligent spirit.

At 29, our cover star Rebel Wilson is on the brink of carving out a powerful place for herself in Hollywood and the film industry. Because she is both a critically acclaimed actress and writer, she has the potential to control her future more than most. She is a woman who has an unusual confidence, which I wish we could bottle and give to all women.

It's not arrogant or misplaced – it's a wonderful self-belief that has come from experiencing some excellent mothering, and nourished through her independent teenage years, that has made her so strong that she can face most challenges and expect the best outcome. It was refreshing to meet her and be able to spend time with her (p212). She has a cult following already; when we honoured her at the ELLE Style Awards (p150), she is the person I was asked by most guests to be



introduced to. Rebel has used her humour to create a voice that resonates with many women. She is becoming an accessible role model and readily accepts this responsibility.

I am also pleased to highlight the achievements of the businesswomen of the beauty industry in this very special issue - tastemakers, passionate CEOs and financial titans whose work has influenced the way we view beauty today (see p140), and paved the way for future female entrepeneurs.

Our Beauty Director Sophie Beresiner has created one of our biggest-ever beauty sections for this issue. It's a practical guide to make sure you get your make-up and skincare right for the rest of your life.

And I was delighted to learn that,

despite the gloomy economic times we live in, more than a quarter of the women we surveyed for the Beauty Issue spend £100 on treatments a month. Why do I find that cheering? Because I like it when I read about women looking after themselves and feeling they are worth the luxuries available to many of us today. It may be a small thing, but it can have a huge impact on our well-being. When I interviewed the film director Jason Moore, who worked with Rebel on *Pitch Perfect*, the hit comedy film about an all-girl a capella group, he commented that she was a woman 'who likes to be glamorous and treats herself well'. I love that phrase.

If you take one thing away from this issue, let it be that you are worth it; that if you deem something important, it IS important, no matter what others may think, or how big or small it is seen to be in the wider context of life. Take time to value all the areas of life that empower you: from doing well at work to loving the new shade of lipstick you bought.

Enjoy our 2015 Beauty Issue and make sure you google Rebel Wilson's performance at the MTV Music Awards. It will make you happy.

LORRAINE CANDY EDITOR-IN-CHIEF



## FENDI

### WE NEED TO TALK ABOUT THE GENERAL ELECTION

I have three friends who will not be voting in the General Election. One of them is an Occupy type, a political radical, a Russell Brand fan, who thinks voting is not the way to create change. One is a gambler who's always on the golf course or in the casino, never watches the news and has opted out of the normal world. The third will be

abroad on election day and didn't bother registering for a postal vote. They are all men.

So easy for men, isn't it? They've been able to vote for hundreds of years. (Not all men; for a lot of those years, there were qualifying rules about property ownership. But until 1918 it was no women at all. Voting was an *entirely male thing*.)

Isn't that weird? Female suffrage is not even a hundred years old! Less than a century ago, women just like us - with opinions, boyfriends, bad hair days; women who read books and listened to music; women who talked and argued and ate and drank; living, breathing, adult people - had no say in their own political fates.

Men are free to shrug off voting in the same way that beautiful people can cut their own hair with nail scissors and fall asleep with make-up on, or rich people can smash up new cars for fun, or couples who conceive at the drop of a hat can moan about their kids not being smart enough: it's easy to be dismissive of something that came to you easily.

But if you had to fight, you can't and mustn't take the prize for granted. Women should never, ever fail to use their votes.

Plenty of people will say that politicians are all the same, so there is no meaningful choice and you might as well not bother. But even if they are all the same, it's still logical to vote.

One of the things that makes them all the same is: they all want power. This doesn't have to be bad in itself - I've met some deeply wellmeaning, bright, kind MPs who

want power for decent reasons but they all want it. To get power, under current rules, they need votes. And to get votes, they will attempt to address what is relevant to large numbers of voters.

If women don't bother voting, then Westminster won't bother thinking about what women want. It won't need to! Non-voting women aren't affecting the fates of politicians! But if women vote in large numbers then Westminster will try to please them, even if only for cynical reasons.

If you had to fight, you can't and mustn't take the prize for granted. Women should never, ever fail to use their votes'

Just look at the Scottish independence vote. It was a truly exciting time, because nearly the entire country took part. It felt properly democratic, as though people really cared about controlling their own destinies.

The Scottish genius writerdirector-performer Armando Iannucci wrote later: 'The 45% who voted yes to independence in Scotland, because it was so large and because it was underwritten by the force of an 84.5% turnout, is driving the agenda in Scottish politics as powerfully as if it had been on the winning side.'

In other words, those who voted for an independent Scotland, even though they didn't win outright, are still getting a better deal from

Westminster just because they turned up and made their voices heard. Politicians are vying to get their votes in the future, to make them happier, as an act of self-preservation.

Now imagine the same thing, but women. A massive female turnout would motivate politicians to put women's issues on the agenda. They'd want to win all those empowering votes for themselves next time. Even if only for selfish reasons, they would have to please and satisfy those voters, and address what they (we) want done.

It might be tax-deductible childcare, tougher and more sophisticated rape laws, stronger pressure on misogynistic regimes around the world, VAT-free Tampax, greater equality in the workplace, more help fleeing from domestic violence - take your pick, from all the issues that loom large for women but possibly not for Parliament because there are so few women employed there. But these things will be addressed by politicians - if they can see that their own lives, careers, fates and incomes might be dependent on an overwhelming female vote.

Myself, I've never voted very cleverly. I don't pore over all the manifestos or grill the local representatives when they come round. In my life, so far, I've treated the political parties like football teams: picked my favourite early on and stuck with it through thick and thin. *So far*.

It might always change. And I've never missed an election, never failed to show up. So every party has to care about what I care about, at least occasionally, because my vote matters. If you don't use your vote, then it doesn't. And, to the people in power, neither do you.

**HAVE YOUR SAY** What do you think about Victoria's column? Tweet us @ELLEUK



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slow down. Your creative
fire is burning bright, so give
yourself plenty of outlets for
self-expression (think crafting
or dancing). Be bold.
Date for your diary: 20th
Pause: clear your mind.
Organise your ideas. Nowgo.

### **GEMINI**

22 MAY-21 JUNE

Your month to: Mingle
This is a month of back-toback social engagements,
Gemini. Your diary is hectic
from the first weekend of
April, so be sure to make
serious time for your friends
and colleagues, as they
will be equally demanding.
Set targets and long-term
goals near the new moon
on the 18th.

Date for your diary: 11th
Your appeal is at an all-time
high - be a go-getter.

### CANCER

22 JUNE-22 JULY

Your month to: Play house Your domestic instincts are taking over and it feels like work can wait at the beginning of the month. It's about time to throw that dinner party you've been planning in your head since January. That said, your career shouldn't be neglected, especially after the new moon on the 18th. You've got a lot on the agenda, so start tackling your list: tick, tick, boom! Date for your diary: 23rd Goals and dreams merge; expect to achieve above and beyond.

### **LEO**

23 JULY-23 AUGUST

Your month to: Look ahead
The stars are on your side this
month, Leo. Make plans to
play big and shine bright, as
you have both luck and love
working in your favour. You'll
be ready for adventure in the
second half of 2015, so get your
summer travel plans in order
by the new moon on the 18th.
Date for your diary: 8th
Take that gamble. It's your
lucky day (literally).

### **VIRGO**

24 AUGUST-23 SEPTEMBER

Your month to: Start over Craving freedom? You've got it, especially on the weekend of the new moon (on the 18th). Life has undergone a muchneeded refresh and you can start new projects with a clean slate, mentally and physically. Career prospects sky-rocket in the second half of the month. Date for your diary: 29th New dreams and plans in abundance. Make notes.

### LIBRA

24 SEPTEMBER-23 OCTOBER

Your month to: Take charge Relationships are your main focus, as the stars bring events in your love life to a head. If you must start over, wait until the new moon on the 18th to make new commitments or wishes. Keep in touch with your needs; they matter more than ever.

Date for your diary: 5th
Stay calm under pressure today. It'll pay off.

### **SCORPIO**

24 OCTOBER-22 NOVEMBER

Your month to: Get grounded Give yourself a break during the first half of the month: you're in dire need of some respite. The new moon on the 18th helps you make healthy daily rituals your top priority. Simplicity is sweetness right now.

Date for your diary: 7th Alarm bells: playing with fire is irresistible today.



21 MARCH - 20 APRII

### Your month to: Feel the love

Happy birthday, Aries. Relationships rule from the full moon eclipse on the 4th to the new moon in your sign on the 18th. The latter is also your yearly reset: your chance to plan your next 12 months of world domination. Set goals and knock them down one by one. Bonus: you're at your most appealing all month. Yup, top form, every single day - have your lover on speed dial. Date for your diary: 3rd Your tenacity is admirable, but make sure you know

### **READ IT**

when to stop.

To find out what your stars hold every day, check out elleuk.com/horoscopes

### **SAGITTARIUS**

23 NOVEMBER-22 DECEMBER

Your month to: Seize the day
You have a renewed lust for
life and adventure - so let it
rip. You'll love the fiery energy
that kicks in during the
second half of the month. The
new moon on the 18th means
you'll crave romance. Be
clear about what you desire.
Date for your diary: 9th
You want it all, and it's
coming your way.

### CAPRICORN

23 DECEMBER-20 JANUARY

Your month to: Move forward Deep changes have been happening behind the scenes for months, but April brings the rewards. The eclipse on the 4th reveals your brilliant potential and professional skill - take the opportunity to progress. Date for your diary: 16th Take a break from that desk; you deserve it.

### **AQUARIUS**

21 JANUARY-19 FEBRUARY

Your month to: Reconnect
If you've been emotionally
withdrawn recently, good
news: this month brings an
instant recharge, along with
a much-needed hit of energy.
The full moon on the 4th is
intellectually awakening;
allow it to expand your
horizons. Why not book
that long-distance trip?
Date for your diary: 13th
Pace yourself; it will prove
to be very productive.

### **PISCES**

20 FEBRUARY-20 MARCH

Your month to: Speak up
No more sitting in silence,
Pisces. Ask for what you want,
and need, at work and home.
The new moon on the 18th is
the perfect time to set out a
fresh financial plan. Be active;
it takes more than just waiting
and hoping to initiate change.
Date for your diary: 15th
Old rifts resurface - let yourself
be vulnerable if you want to
heal them for good.

**50** 



What is the essence of rose?

### WOMAN OF THE MONTH ANNA WATERHOUSE



Anna Waterhouse, 40, is a Hollywood screenwriter. She spent 10 years as a West End theatre producer, but now writes full-time with her husband, Joe Shrapnel. Their biopic, *Race*, about American athlete Jesse Owens, will be released in 2016.

I always wanted to act when I was little, but I quickly realised that there are other ways to be involved with drama, and I was fascinated by film. I love the process of turning an idea into a project that hundreds of people will work on.

As a young woman in the film industry, I was an unusual entity. I moved to New York in my 20s, and one agent gave me a chance; I managed to pull it off, so they trusted me again. That's how a career is built. There's always an opportunity to prove yourself.

A film can take 10 years to put together. We start with research, then we structure the film, then write the scenes. We are constantly rewriting, and often have hundreds of pages of script that are never seen.

I can't believe that I get paid to make up stories. I also travel a lot, and I've met some of my heroes, like Ridley Scott and the late John Hughes.

Kathryn Bigelow is someone I admire a lot. She has taken on 'masculine' films - working with big egos - and held her own.

A book that has really informed my work attitude is Malcolm Gladwell's Outliers: The Story Of Success. He believes that it takes roughly 10,000 hours of practice to become successful at something. You can have talent, but you need to nurture it.

People look at my husband and me like we're crazy when I say we work together. We don't work in the same office - we're at separate ends of the house - so there are quite a lot of hours in the day when we don't see each other. We're definitely never short of things to talk about at the dinner table.

'The world doesn't have to be poor for you to be rich' is advice that the late director and screenwriter Anthony Minghella gave me. Focus on what *you're* doing; just because somebody else is successful doesn't mean you can't be, too.

THE COVER-SHOOT PLAYLIST

Push It by Salt-N-Pepa

Walk This Way by Aerosmith Hey Ya by OutKast

**■** @ANNAWATERHOUSE

**HEAR IT** To listen to the

follow ELLEUK on Spotify

songs from the shoot,



with Rebel

Compiled by: Maybelle Morgan. Photography: 3 Objectives, ac-cooper.com, Alamy, Benoît Audureau Sean Cunningham, Bella Howard, Doug Inglish, Jason Lloyd-Evans, Nikki McClarron, Tom Shrapnel.





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58

### CAMPER



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## KURT

C



## EIGER

### #ELLEFASHIONCUPBOARD

For the live feed, go to elleuk.com



'Leather isn't just for jackets. This boxy shirt is modern, colourful and easy to wear.'

'Update your leather jacket by going for a hit of colour – bottle green goes with anything.'



## FROM THE ELLE FASHION CUPBOARD

Leather, studs and glam, THE NEW TREND IS: ROCK STAR

glam, glam – this season, we all want to be in the band. Team ELLE takes the look and turns it up to 11



'More is more when it comes to footwear this season. These starprint boots are a modern classic.' 'Leather trousers + a pinch of gold dust = instant rock stardom.'



'These lace-up Gianvito Rossi boots make the look feel a little more "lady"!





'As someone who lives in leather, I'm always on the lookout for interesting details, like studs and fringing.'



BILLIE BHATIA
FASHION INTERN
Polyester cape, £50,
River Island.
Polyester trousers,
£25, Topshop.
Top, Billie sown

**SHOP IT** See the ELLE editors' pick of the high street at elleuk.com/fashion

'Mixing sheer with metallic somehow makes this feel more modern.' 'Fringing is huge for spring – and a great way to soften the rock-star look.'



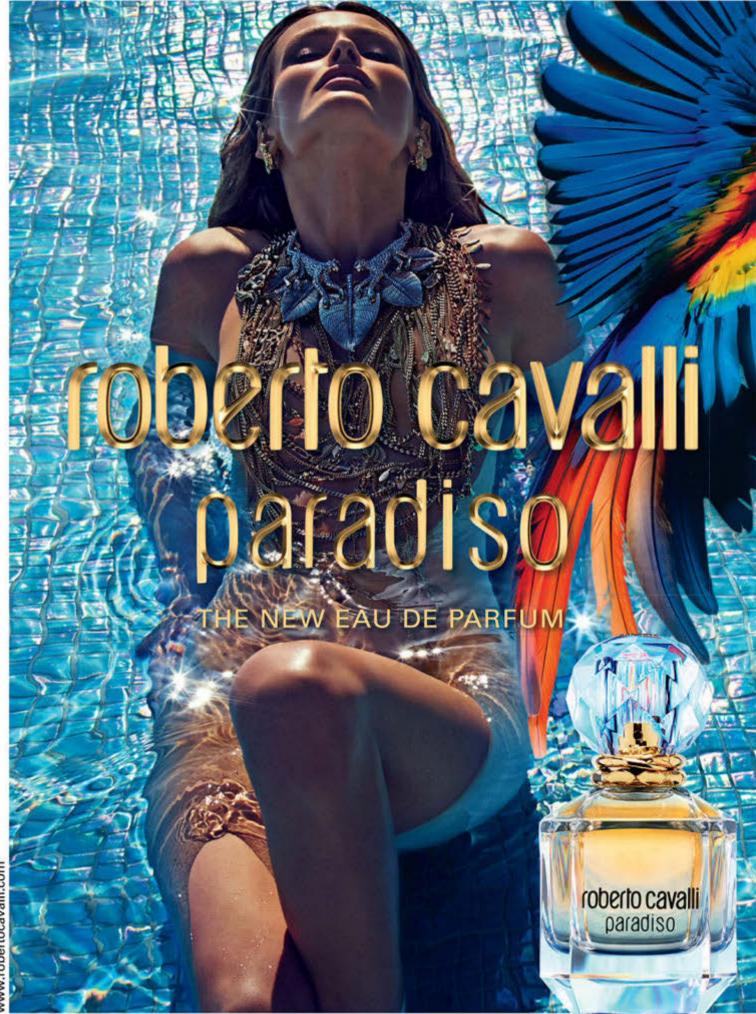






For shopping details, see Address Book.





www.robertocavalli.com











**EDITOR'S FAVOURITES** 



Cotton linen, £89.99, Mango Polyester-mix, £29.99, H&M Polyester-mix, £45, Oasis Cotton linen, £165, Whistles Suede, £150, Oasis Styling: Harriet Stewart. Photography: 3 Objectives, Robert Harper. Hair and make-up: Carolyn Gallyer at CLM Hair & Make Up, using Chanel S and Chanel Body Excellence. Manicure: Ami Streets at LMC Worldwide using Chanel 2015 and Body Excellence Cream. Model: Tijana at Select Models. For shopping details, see Address Book.

















£490, Mulberry. Acnejeans, Donna's own

#### INTO THE WOODS

Wood is having a revival: Prada mixed it with appliqué, Coach delivered Nineties casual cool, Saint Laurent went full 1970s. Our love for the chunky sole needed a summery version. Here it is.



Faux-leather bag, £45, River Island

# DONNA'S DETAILS

Wooden soles, geo prints, bucket bags. Accessories Editor Donna Wallace sets your shopping agenda



Earrings a bangle, be Donna's o



Leather bag, £838, Marni

Leather-mix sandals, £725, Nicholas Kirkwood for Peter Pilotto



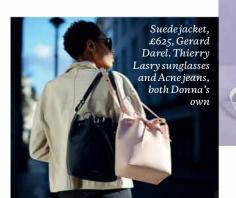
How to take colour from primary paintbox to fully fledged work of art? Graphic shards, splices and grids.





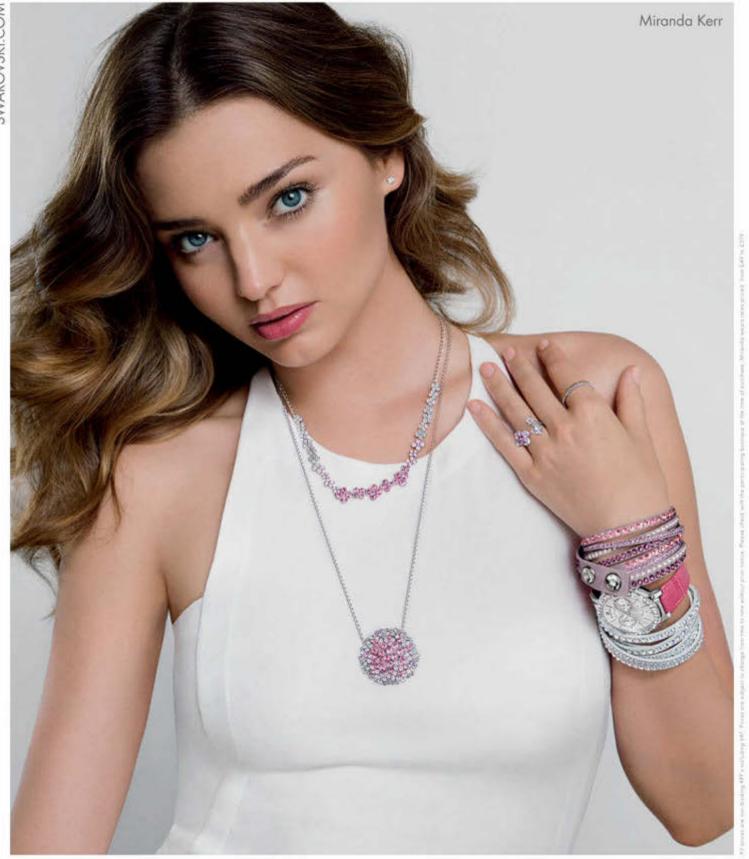
#### MANSUR GAVRIEL

This bag design duo seduced us with their beautifully crafted leather, carefully curated colour combos and accessible price points. They put bucket bags back on the map (and us on their waiting list) - and their new shapes are just as desirable.



Leather tote
bag, £405, and
leather bucket
bags (pictured
left), £450each,
all Mansur
Gavriel

Photography: 3 Objectives, Martin Plasek. For shopping details, see Address Book



Collection from £49



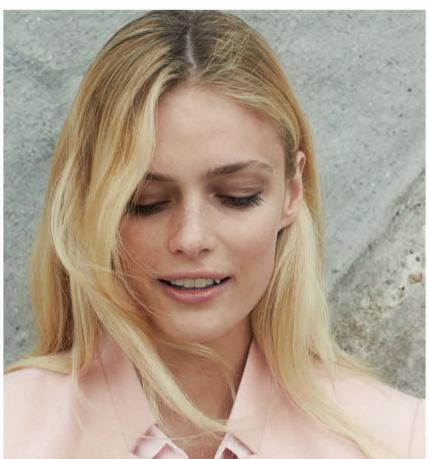






HEAVENLY HONEY, PROPOLIS AND ROYAL JELLY. IT MAY SOUND ALL SWEETNESS AND LIGHT, BUT THIS ULTIMATE BLEND HAS THE POWER TO STRENGTHEN DAMAGED HAIR FROM ROOT TO TIP. EVERY STRAND OF FRAGILE HAIR FEELS NOURISHED, PROTECTED, LOOKS HEALTHIER AND IS UP TO 6X STRONGER. PHEW, AT LEAST KEEPING YOUR HAIR IN SHAPE IS EASY.









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DRESS UP FOR SUMMER IN STORES NOW







Wilde, the collection's face, chose this skirt and T-shirt (above) to wear to the 2015 ELLE Style Awards.

The T-shirt Made from 100% organic cotton linen, grown and manufactured in China, £12.99

Sustainability and social responsibility are part of H&M's DNA: its stores have drop-off points where customers can recycle unwanted clothes (with some even transformed into pieces that end up back on the shop floor) and, in 2013, it launched a campaign to ensure every employee at the suppliers and factories it works with earns a living wage. But it is Conscious Exclusive, unveiled in 2012, that's really groundbreaking in its approach.

Ethical credentials aside, desirable, on-trend design is key. This is translated as luxe jumpsuits, beaded slips, printed pleat dresses and natty tux jackets that will work hard in your wardrobe. The current collection stars organic silk, leather and cotton, recycled polyester chiffon and recycled sequins and beads. It's the perfect blend of style and substance. Available at selected H&M stores, including London Regent Street and Oxford Circus, and at hm.com. Prices from £12.99

There is a quiet red-carpet revolution going on. It has infiltrated the Oscars, BAFTAs and the ELLE Style Awards (plus the wardrobes of Michelle Williams, Penélope Cruz and Amanda Seyfried). Ethically focused brands and designers are changing the way you think about sustainable fashion, with new glamorous, accessible collections made from sustainable fabrics; fashion-forward pieces that you will really want to wear.

Among those leading the way is H&M, whose Conscious Exclusive collection is appearing on red carpets around the world - Olivia

SHOP IT Team ELLE edits the best ethical fashion buys at elleuk.com/fashion

## O O



#### Stella Jean

Italian-Haitian, Rome-based designer Stella Jean infuses her cultural identity into abstract prints. In 2013, Giorgio Armani invited her to show at his Teatro Armani, where she highlighted her work with the International Trade Centre's Ethical Fashion Initiative by using fabrics handcrafted by workers in disadvantaged communities in Africa. matchesfashion.com, mytheresa.com









#### **Edun**

Founded by Ali Hewson and Bono in 2005 to promote trade in Africa, Edun is helmed by Creative Director Danielle Sherman (formerly of The Row and T by Alexander Wang), who has built a refined, sporteasy aesthetic. avenue 32. com, mytheresa.com.

#### Rêve en Vert

Rêve en Vert (Dream in Green) is an online style hub that champions brands produced and manufactured in their country of origin – such as New York jeweller Pamela Love, who makes all her pieces in her NYC studio using ethically sourced stones and recycled metal. revenvert.com

#### Beulai

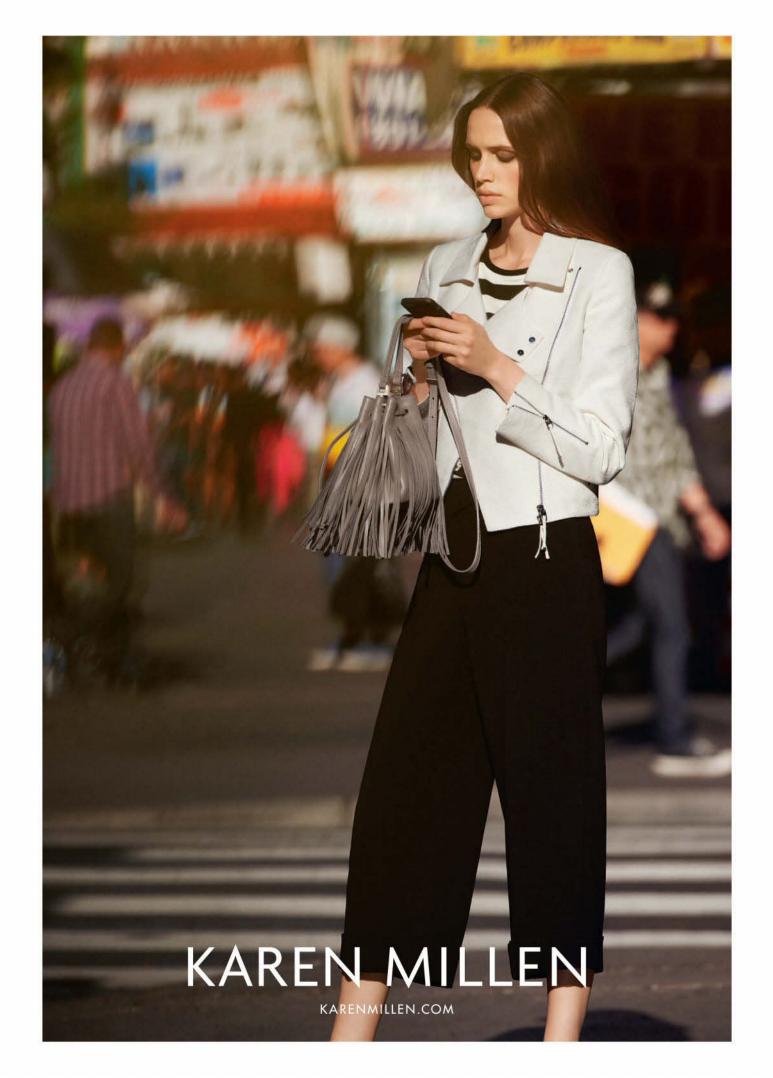
Beulah came about after founders Lady Natasha Rufus Isaacs and Lavinia Brennan worked in a Delhi centre for victims of the sex trade. They founded Beulah to raise funds and create jobs for these women, teaching them the skills to make the label's canvas bags – a trade that will make them independent for life. beulahlondon.com

#### Maiyet

Sourcing specialised craftwork anywhere from Varanasi in India to the Peruvian mountains, Maiyet works with artisans to create beautiful pieces and ensure the survival of endangered indigenous trades. net-a-porter.com

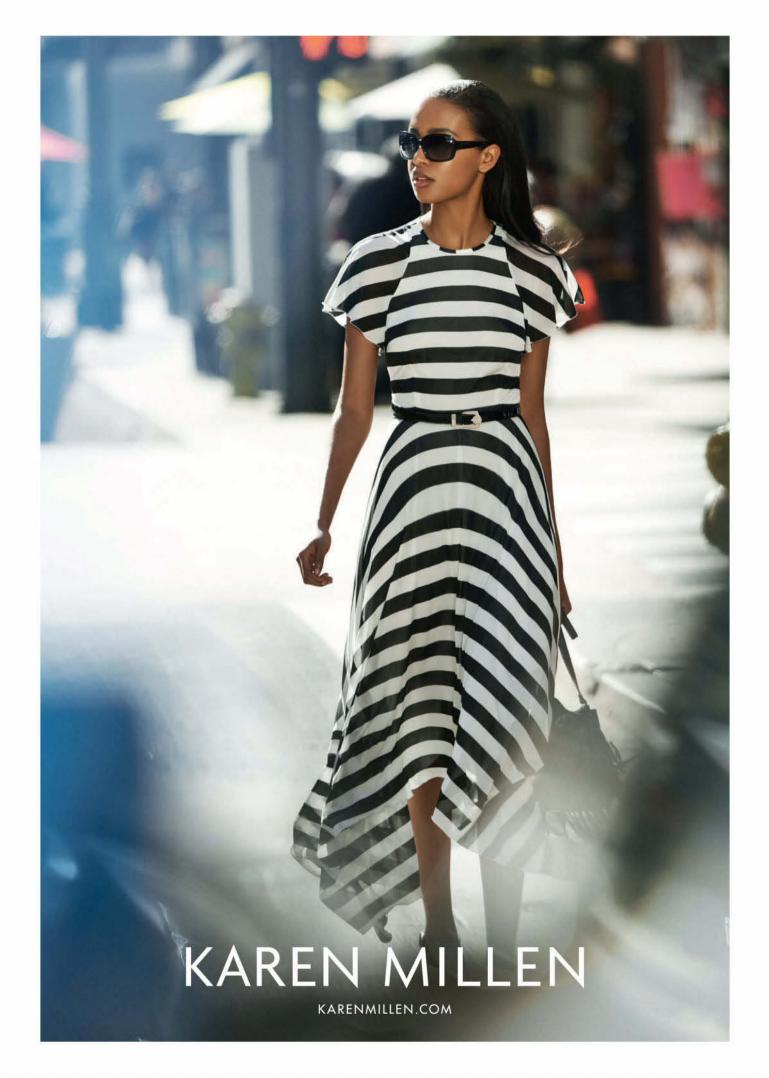
#### Reformation

Reformation's pieces are produced in an LA warehouse, where the team pulls apart and redesigns vintage clothing and dead stock. The result? Cool, laid-back pieces as worn by Karlie Kloss and Rihanna. thereformation.com





For shopping details, see Address Book











# MANGO











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## MY LIFE IN BOOKS TOM STURRIDGE

The Far From The Madding Crowd actor, 29, shares the books that have shaped his life

#### 2666 by Roberto Bolaño

This is going to read as facetious but it is sincere. If, about seven years ago, you had asked one particular friend of mine what in the world I was most obsessed with, he would have said myself, literature and the phenomenon of female homicides in Ciudad Juarez during the Nineties and early Noughties. When we discovered that there was a novel, a great novel, the primary themes of which were two out of those three, we were dumbfounded. I've reread it many times since.



I have never read it, but I've heard on good authority that the film is better. Said authority spoke of a young, up-and-coming actor who delivers a performance of searing intensity and rare truthfulness that, at moments, astonishes. Said authority even went as far to say that the performance may go on to change the landscape of cinema as we know it. I think we should all be keeping an eye out for this Matthias Schoenaerts fellow. Far From the Madding Crowd, starring Tom Sturridge, is in cinemas on 1 May



#### **Ulysses by James Joyce**

I think I have probably lied about reading most of the great works of literature at one point or another. However, I have decided upon *Ulysses* simply because I am just so good at pretending to have read it. The combined ammunition of having actually read *Dubliners* and of being able to bluster a conversation with, 'Molly's monologue, eh? Now that's stream of consciousness for ya!' and still be able to flee any interrogation has never failed me. (A confession: I have only read parts of *Dubliners*.)

#### Liquidation by Imre Kertész

I read this when I was about 21. After I had put it down, I would have looked any man or woman hard in the eye and said it was the greatest book I had ever read. That it had changed me. That it could change them, too. Now, eight years later, I remember almost nothing about it. It is just a memory of once thinking that 'just reading' might be enough. This is in no way a denouncement of the novel, just of my mind.



# HOBBIT

#### The Hobbit by J.R.R. Tolkien

This is the first book that I remember being read to me by my father [director Charles Sturridge]. No childhood experience surpasses the paragon that is a father reading to his son about dwarves fighting with trolls.



#### **Anna Karenina by Leo Tolstoy**

I read this late in life, and slowly. In fact, it took me the duration of my girlfriend's [Sienna Miller's] pregnancy to finish it. I entirely associate the necessary attempted reformation of my character at that time with Levin's attempted reformation of 19th century Russian agriculture. Entirely.



#ELLEBOOKCLUB

AND... AUTHOR DAVID NICHOLLS WROTE THE SCREENPLAY FOR FAR FROM THE MADDING CROWD. HERE ARE THREE NICHOLLS APHORISMS:

FROM US, OUT IN PAPERBACK ON 21 MAY

'Most emotions serve some practical purpose, but nostalgia is a useless, futile thing because it is a longing for something that is permanently lost...'

FROM THE UNDERSTUDY, OUT NOW

'Find the thing you love, and do it with all your heart, to the absolute best of your ability, no matter what people say.'

3

#### FROM ONE DAY, OUT NOW

'You can live your whole life not realising that what you're looking for is right in front of you.'







Model shown Jeep Renegade 1.4 MultiAir II 140 hp Limited FWD Manual with optional two-tone alloy wheels and optional bi-colour paint at £23,545 OTR. OFFICIAL FUEL CONSUMPTION FIGURES FOR JEEP RENEGADE RANGE MPG (L/100KM): EXTRA URBAN 48.7 (5.8) - 70.6 (4.0), URBAN 32.1 (8.8) - 51.4 (5.5), COMBINED 40.9 (6.9) - 61.4 (4.6), CO $_2$  EMISSIONS: 160 - 120 G/KM. Fuel consumption and CO $_7$  figures are obtained for comparative purposes in accordance with EC directives/regulations and may not be representative of real-life driving conditions. Factors such as driving style, weather and road conditions may also have a significant effect on fuel consumption. Jeep $_0$  is a registered trademark of Fiat Chryster Automobiles US LLC.

# **FIRST**

### LFW STREET STYLE

The week London proved itself the world's most stylish city











Walton: Aspirited supermodel

also been watching interviews with famous psychopaths.

Who are the most inspiring designers you've worked with?

I am a huge fan of Hedi Slimane at Saint Laurent; at a fitting, I really respect how he'll make you walk for him a thousand times, but it's because he wants it to be right. Karl [Lagerfeld] is inspiring, too; when he sees you, he wants to explain the back story of the clothes. And I love working with the Proenza Schouler boys [Jack McCollough and Lazaro Hernandez].

Describe your Superga collection. They are shoes for people: simple and comfortable. I've put twists on parts like the inside of the sole and the laces, like surprise tie-dye elements.

What's the strangest situation you've been put in on a modelling job?

On one shoot in Morocco, we were in the Sahara Desert for four days shooting on the dunes. It was so hot. We had dune buggies, but there was no air conditioning. At one point, I was pretty much fully naked on the sand, and my whole body was burning! Binx x Superga launches this month, prices from £45

otorbike-riding, skateboarding model Binx Walton (real name: Leona Anastasia Walton), 18, has stormed the catwalk with her free-spirited attitude. Her unusual moniker originates from childhood comparisons to Star Wars' Jar Jar Binks (her two brothers were nice like that). The 5ft 11 star, who grew up in Tennessee, was spotted at a swimming pool aged nine, and has since walked in more than 130 shows. Next up is a collaboration with shoe brand Superga.

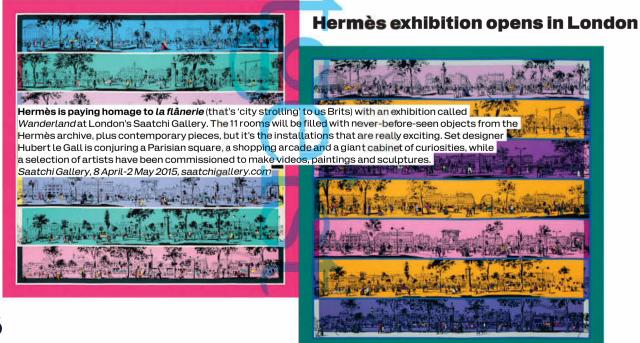
What makes you a great model?

My personality. I think a lot of models are about 3ft deep; they don't have a lot to say. I'm not perfect, but I definitely have another life outside of fashion. Your current non-fashion obsession? I'm a big conspiracy theorist, so I watch

a lot of weird videos on YouTube. I've

LOVE IT Binx also stars on an ELLE Collections cover. Get it at hearstmagazines co.uk/elle/ss15







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LULU

Lulu wears: Jacket and sandals, both

Dress, Lulu & Co

Marc Jacobs.

As director of Fashion East, Lulu Kennedy MBE launches the careers of London's most exciting new designers. But she's also mum to onevear-old Rainbow and, now. creator of a Marks & Spencer Indigo line. With a life this busy, she sees getting dressed as the fun part



**FASHION EAST'S GREATEST** 

HITS From top: Gareth Pugh s/s 2006 included a light-up jacket as a finale; House of Holland s/s 2008 saw Agyness Devn walk to Guns N' Roses: Roksanda Ilincic a/w 2003, a star quality salon-style show

hen you're running Britain's most renowned talent launchpad, how do you decide what to put on each day? 'It's not about trends or pleasing other people; it's that special feeling you get when you see something and just know you'll have fun wearing it,' explains a softly spoken Lulu Kennedy. So, Lulu, 42, carries nappies in a Chanel backpack. wore a Dolce & Gabbana crown to meet the Queen and conducts business meetings in a fuzzy leopard-print coat.

She applies the same approach to shopping as she does to selecting the future stars of the British fashion industry: 'I'm drawn to bright colours, lots of print; things that make me happy.'

Today, she's effortlessly cool in

a rainbow-print skirt from her own clothing line, Lulu & Co, and her favourite vintage Marc Jacobs denim jacket. In a moment, she'll dash from her East London office (home to Fashion East, which scouts and supports emerging designers - alumni include Simone Rocha, J.W. Anderson, Roksanda Ilincic, and Jonathan Saunders) to the Marks & Spencer design studio to finesse her first Indigo collection (on sale next month, with an autumn collection already in the pipeline). She'll do so in sky-high Marc Jacobs platforms, naturally. > Lulu Kennedy for Indigo Collection at Marks & Spencer launches in store and online on 14 May

Photography: Amar Daved, Fashion East.

#### MONDAY

WORK

'I live in boyfriend jeans and trainers when I'm meeting designers and suppliers.



#### TUESDAY

'I'm meeting a designer friend for a drink after work, so I've dressed up my cargo pants with a leather jacket and fun heels by Roksanda.'



Jacket, Topshop Unique. Top, Topshop Boutique. Trousers. Marks & Spencer. Sandals, Roksanda. Sunglasses, Le Specs

WEDNESDAY

'This Marc Jacobs denim

jacket came covered in badges,

but over the years I've added

my own, too - I collect them.'



**LULU LOVES** Reading: Native American Wisdom by Edward S. Curtis Listening to: Horace Andy Following on Instagram: @walesbonner @christopher shannon

> Jacket, Christopher Shannon. Dress, Lulu & Co. Headband,



## **FRIDAY**

'If you can't wear a Simone Rocha headband on a Friday, when can you?'



#### CV

EDUCATION BA Contemporary Cultural Studies, Middlesex University and Istituto Orientale, Naples

EXPERIENCE 2012 Party Planner/ Brand Consultant, Visionaire, Tracey Emin, Longchamp and Toni & Guy 2012 Editor-at-Large, LOVE, London 2010 Founder, Lulu & Co 2005 Founder, MAN 2000 Founder, Fashion East 1995

CAN'T BE WITHOUT...







'My mobile phone and Jeep keys, a Chanel rucksack and my new Raf Simons for adidas Stan Smiths.'

#### THURSDAY

'Leopard print is almost like a neutral - it goes with everything. This jumper, from a Peter Jensen x Peanuts collaboration, is so "me".

















### Walktheline

Whether your stripes are thick or thin, double up for office sophistication



Above left: Cotton-linen jacket, £315, and cotton-linen trousers, £190, both Gerard Darel. Cotton shirt, £34.99, H&M. Suede sandals, £450, Jimmy Choo. Plated brass and gemstone earrings (worn throughout), £145, and plated brass and blue gemstone bracelet (model's left hand), £266, both Eddie Borgo. Enamel bracelet (model's right hand), £365, IAM by Ileana Makri. Rose-gold bracelet (model's left hand), £4,910, Gucci. Leather and metal bag, £279, By Malene Birger



Left: Cotton shirt, £95, Brooks Brothers. Cotton trousers, £160, Day Birger Et Mikkelsen. Cotton-canvas and leather bag, £1,400, Céline. Brass and stone bracelet (worn throughout), £410, Chloé Right: Cotton jacket, £278, AllSaints. Cotton shirt, as before. Cotton skirt, £79, Jigsaw

# WHAT TO WEAR

#### Right: Nylon top, £185, Sandro. Cotton shirt (worn underneath), £55, Cos. Silver ring, £115, Pandora. Acetate sunglasses, £180, Tod's Far right: Cotton jacket, £110, Whistles. Cotton top, £80, Comptoir des Cotonniers. Cottonlinen trousers, £250, Tara Jarmon



### #ELLEFASHIONCUPBOARD











### Above left (all as before): Shirt, £95, Brooks Brothers.

Trousers, £160, Day Birger Et Mikkelsen. Sandals, £450, Jimmy Choo. Earrings, £145, Eddie Borgo. Watch, £495, Gucci. Bracelet, £410, Chloé. Bag, £1,400, Céline Far left: Cotton jacket and cotton-linen trousers, both as before. Acetate sunglasses, £110, Prada at The Sunglass Hut. Silver ring, £49, Swarovski. Leather bag, £125, Karen Millen Left: Cotton-linen trousers, £630, Paul Smith. Plated brass and gemstone bracelet, £245, Eddie Borgo. Sandro top, Cos shirt and Pandora ring, all as before.





# CLOSET confidential

### **WENDY ROWE**

When you're Burberry's go-to make-up artist, you pick up a thing or two about style along the way. Lucky for us, Wendy Rowe likes to share

Words Kerry Potter Photography Laura Allard-Fleischl



wo things make-up artist Wendy Rowe, 40, steals habitually: 1. Hotel towels (she points at her white bath mat bearing the legend 'Hôtel Le Bristol', the fashion pack's five-star Paris favourite, and cackles); 2. Fashion tips from her glossy clientele ('I nick models' style, big time,' she says in her Essex twang). 'My suede Isabel Marant ankle boots? Gisele had those on when I was doing her make-up. Sienna Miller has some ripped jeans and a cardigan coat I, er, emulated! I watch how they put things together. Take Anja Rubik: she'll wear an oversized men's jacket and push up the sleeves - those details make the difference. So I always push up the sleeves of my Burberry trench.'

Rowe's closet in her central London flat (she splits her time between here and her NYC apartment) brims with Burberry coats, dresses and boots. Such are the perks of her 13-year tenure at the label, first as a show make-up artist, brought in by CEO and Chief Creative Officer Christopher Bailey,



It's not a bad life for a girl from Waltham Abbey who 'fell into' her career, after a hairdresser friend urged her to learn make-up artistry so they





BURBERRY BOOTS

'These really work with baggier jeans or men's trousers.'





'I wear a lot of Burberry to events. They tailor it for me so it looks perfect. I'm going to wear this dress with brown suede boots — it feels a bit Seventies.'

could work together. She studied for two months at a now-defunct college, before working at London Fashion Week and on music videos, assisting for Dick Page, Pat McGrath and Kevyn Aucoin. She cut her teeth during the early Nineties grunge period: 'No one wanted make-up, so it was a difficult time to get started - you had to make it look like there wasn't anything on, but that you'd done something.' Her big break was a 2001 Prada campaign, and since then she's worked on jobs everywhere from a Tahitian beach to an Andean ski resort.

Rowe has a ready-packed suitcase in her wardrobe, complete with her trusty black cashmere travel blanket, straw hat (once modelled by Gisele), bikini (from Cos) and cork-wedge sandals (Prada or Miu Miu). The rows of coats, ankle boots, white shirts and jeans reveal a

woman who likes to riff on a theme, as does the palette of navy, green, grey and black. 'I like a school uniform look,' says Rowe. For day, if she's not in jeans, she'll be in her navy Céline jumpsuit ('a posh Babygro!'). By night, she opts for black trousers – silk Rag & Bone three-quarter-lengths – with a T-shirt, black stilettos and a tailored jacket. 'I've got a Zara jacket that everyone thinks is Balmain because I had the arms taken in. Sleeves are usually tighter on more expensive pieces. I've learnt this from working with Burberry,' she says.

Not that she's lost any of her down-to-earth character in the world of high fashion: 'If we're doing a fashion shoot in the Caribbean, I always go sea fishing. I catch 'em and then we eat 'em at lunch. The weird thing is, no one ever wants to come with me!'



Wendy wears a Burberry coat and Céline jumpsuit



MAKE-UP BAG
'It's surprisingly pared down.
I always wear the same make-up:
a dark eve and a

muted pink lipstick."









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Me & John & Mi aculous Reco

### **ELLE STYLES** SILKE LABSON, 28, PHOTOGRAPHER AND STYLIST



'I go for bold, clashing prints, always with statement accessories'

### **SHOP MY LOOK**

Silk top, £215, Equipment at Matches Fashion. Silk trousers, £120, French Connection. Leather bag, £210, House of Holland. Acetate sunglasses, £220, Jonathan Saunders. Necklace, Silke's own



**@**@SHOWNTOSCALE





**■**@BETHNICOLENEWMAN



£12, Forever 21.
Suede and leather sandals, £595, Charlotte Olympia. Christopher Kane for J Brand shorts, Céline bag, Jennifer Fisher bracelet, Larsson & Jennings watch, Catbird rings, sunglasses and earrings, all Beth's own



'A knitted tank top dresses down these shorts for day'



### **ELLE STYLES** LWANY SMITH, 27, STYLIST

### 'This outfit makes me feel modern and cool – I'd add high-waisted trousers for evening'

### SHOP MY LOOK

Cottonwaistcoat, £350, Bimba Y Lola. Denim shorts, £32, River Island. Leather sandals, £130, Senso. Acetate sunglasses, £49, Le Specs. Watch and rings, Lwany's own



**@**LWANYSMITH





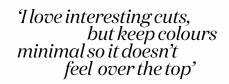






SHOP MY LOOK

Leather waistcoat, £545, Bimba Y Lola. Denim culottes, £165, Edit. Theory top, boots, sunglasses and J. Hannah jewellery, all Jess'own

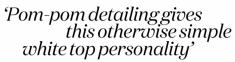




Photography: Clarke Tolton.

### **ELLE STYLES** RACHEL NGUYEN, 25, STYLE BLOGGER





**■**@THATSCHIC





### **ELLE STYLES** RIMA VAIDILA, 21, STYLE BLOGGER



'This jumpsuit could be easily dressed up with heels, but trainers make it perfect for day'

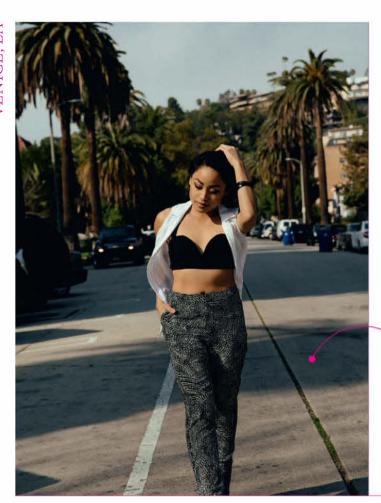


**ढ**@RIMA\_RAMA

SHOP MY LOOK
Tencel jumpsuit,
£265, MiH Jeans.
Leather trainers,
£150, Senso.
Leather bag,
£600, Carven>



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### **ELLE STYLES** VANNGA NGUYEN, 27, CREATIVE DIRECTOR



'A white shirt and heels take this crop top from beachwear to eveningwear'



SHOP MY LOOK Silk shirt, £215, Equipment. Silk trousers, £39.99, H&M. Crop top, shoes and bracelet, all Vannga's own

**₫**@VANNGANGUYEN

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PRETTY



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added cool.
Above: Cotton top, £32,
and matching shorts,
£35, both Warehouse



















Compiled by: Emma Sells. Photography: Victoria Adamson, Vanessa Jackman, Jason Lloyd-Evans, Georgia Devey Smith at Anthea Simms, Anthea Simms, Graham Walser for Hearst Studios. For shopping details, see Address Book.





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REVLON



For years, we've been told weeping is a sign of weakness, especially in public. But could crying be a useful new skill?

Author Marisa Meltzer, who never sheds a tear, finds out

never cry. When my 16-year-old bulldog died this year, I didn't cry. Nor when I was stood up on a Tinder date, nor when someone else was offered a job I wanted, nor during a screening of *The Fault In Our Stars*. When my dad told me he was getting an MRI for some health issues that could be serious, I said, 'I love you'. But I didn't choke up.

Sure, I've had some memorable meltdowns: sneaking off to a storage room during a particularly ego-destroying magazine job; watching the man I was dating leave to go and visit a friend the day I had to take the morning-after pill; the time my friend Katy had a better Halloween costume than me in primary school. And while I still do occasionally feel sad, my coping mechanisms are bowls of pasta and racking up net-a-porter.com debt, not tears.

Last week, I ran into a friend on her way to therapy. 'Now that I'm in therapy, I cry all the time,' she told me. I remarked that I'd been in therapy for years, for mild depression and anxiety, and couldn't recall crying once. She looked at me like I needed more therapy. So in my

next session, I asked my psychiatrist what he thought it meant that I never cried. 'You've never cried frequently as an adult,' he said, looking up from his notebook. 'If you're happy and it's working for you, don't worry about it.' I went back to complaining about an expensive wedding I had to attend.

Later, I was interviewing feminist writer and activist Caitlin Moran, who mentioned how people have cried at some of her stand-up gigs. I asked her if she herself cried easily. 'Oh yeah, god, absolutely. I cry at least once a day,' she said. 'I recently cried over one little electric car parked between all of these larger cars and it looked like it was being bullied. It was me when I was in school! I was that tiny car.'

When I confessed I hadn't cried in years, she looked at me very intently and said, 'It's

my understanding that tears are like ejaculate for the eyes. You must be really pent up.'

Crying is having a bit of a feminist moment. There is an entire female reclamation of tears happening online, where women who have been told for years that to cry in public - especially at work - is to lose all credibility are now flaunting their waterworks. There are several Tumblrs devoted to images of girls ostentatiously in tears, such as Pretty Girls Crying. So

Sad Today is a Twitter account with over 180,000 followers (sample tweet: 'probably crying'); an acquaintance I follow on Twitter, who has a powerful job in media, tweets maybe five times a week about her fits of tears that strike sometimes when she's alone, sometimes in front of colleagues. I veer between being envious of how unapologetically vulnerable and honest she is, and wanting to shake her by the shoulders and tell her to snap the hell out of it. But it raises a question: why does everyone now seem to be embracing a good cry?

Scientifically speaking, there are three kinds of tears. Two of them - basal tears for lubricating the eyes and reflex tears when chopping onions - have nothing to do with feelings. One theory about the third kind, emotional tears - those of happiness, sadness and relief - is that, to Moran's point, built-up

stress chemicals release when you cry. 'So it's the secretion and excretion of tears that are important,' says William H Frey II, a professor of pharmaceutics who has researched crying. 'People may feel better after crying because they're removing chemi-

cals that build up during emotional stress.' Hence why we feel better after crying, after 'getting it all out,' as people often say.

Despite the image of the lonely spinster sobbing herself to sleep, the truth is that people in relationships cry more often than singles. Lauren Bylsma, an assistant professor of psychiatry at the University of Pittsburgh, says this is probably due to the fact that the former tend to need to work out more conflicts and have more emotional ups and

downs. Ad Vingerhoets, professor of medical and clinical psychology at Tilburg University in the Netherlands and author of *Why Only Humans Weep: Unravelling The Mysteries Of Tears*, found that countries where people report the highest levels of happiness – and feel the least amount of shame around crying – actually cry the most. The biggest criers in the world? The 'chilly' Scandinavians.

Women cry more often than men do: an average of 30 to 64 times a year, compared with men's six to 17 times a year, according to a 2009 report cited by the German Society of Ophthalmology. Differences in hormones could be a contributing factor - testosterone may inhibit crying, while the hormone prolactin, which measures higher in women, may encourage it. But socialisation also plays a role. (I've listened to The Cure's Boys Don't Cry enough times that I believe there's something to that.) Maybe I've been socialised like a boy? I've always had a lot of male friends, and been bold in my opinions and measured in my emotions. But that's describing masculinity in broad and outdated strokes. In an era of footballers regularly bawling on TV, it's becoming gradually more acceptable for men to break down, too.

We think we cry when something causes tension or arousal, such as confrontation, 'But that's not >

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**Countries** 

where people

report the

highest levels

of happiness

actually cry

the most '

when the crying occurs,' says Dr Jay Efran, emeritus professor of psychology at Temple University. 'It occurs when there's a switch over to recovering, letting go and recalibrating.'

In 2009, on her blog Cafe Con Lesley, Lesley Arfin, author of the memoir *Dear Diary*, who has also written for *Girls*, wrote a post about crying. 'A real cry comes with heaving sobs from an ancient place deep down. A cry that feels like you're releasing years of your life and everything you've ever cried about is suddenly happening all over again.' Intrigued, I call her to see if I can glean anything from her theory. 'With those kinds of cries, there's no inhibition, and they're so cathartic and freeing,' she says - she calls

them 'trauma cries'. I ask what triggers hers. 'My biggest fear is that all of my instincts are wrong; that feeling like you thought you could handle something and you can't. That is a very threatening feeling.' She tells me about once trying out a joke in a room full of comedy writers who didn't laugh, and how it brought her back to being picked last in school PE. (Being picked dead last in PE was a regular occurrence for me, but I don't ever recall crying about it. Though it's possible I've just blocked out every memory of PE.)

Onward. I assume PR maven and blunt America's Next Top Model judge

Kelly Cutrone, whose business-memoir-manifesto was titled *If You Have To Cry, Go Outside*, will be a fellow non-sob sister. Wrong. 'I don't think it's professional to cry at work, but I'm not against crying. There is just a time and a place for your tears,' she tells me. She cried when she took her daughter to an exhibition on the Suffragette movement and also while watching *Blackfish* (a documentary about the plight of captive orca whales). She suggests I watch it, too, to unleash the floodgates. I do not.

There's a more evolutionary purpose to crying: to show that there's a problem and elicit support. Bylsma says that a person you're fighting with, for example, 'might back down in a conflict situation'. As Vingerhoets explains, there are two main reasons people cry: being separated from an intimate relationship (homesickness or a break-up) or feeling

**y**@MARISAMELTZER

powerless. 'It's when you don't have an adequate response available for the situation you're in,' he says. Women tend to cry more frequently during conflict than men, but men cry just as frequently as women over loss.

When it comes to predicting what kind of crier you're going to be, Vingerhoets says: 'The first thing

I would wonder is, "How about your parents?"' Some of this comes down to nature - like how prone you are to depression, which can be genetic - but it's also about the kind of environment you were raised in. My father, though mellowed out by midlife, was the kind of person who was easily set off, and his anger and cursing rampages didn't frighten me as much as embarrass me. Even though our personalities were similar, I made a conscious decision early on that I would never mirror his behaviour. As for my mother, I thought she felt things too much and cried too easily. I knew I never wanted my own

righteous anger to manifest itself that way.

So I shied away from my parents' broadcasted emotions and have been, since adolescence, much more reserved. I suppose I take some measure of pride in that. While my friends wouldn't describe me as particularly steely, one admitted I wouldn't exactly be first on her list of people to cry in front of. I'll spend a whole dinner merrily gossiping, but I'm not the one most welcoming to cracks in the exterior. Maybe because I'm not very good at showing my own.

I had the perfect ending to this essay all planned out. Someone I interviewed would say something that moved me, or I'd read a particularly heartbreaking story in the news, and then suddenly I would be on the floor heaving with sobs, making up for all that lost time. I would affirm that a good cry made me feel pleasingly vulnerable, a better feminist, perhaps even ready to dabble in public crying.

Alas, no such neat ending presented itself. Instead I just keep moving forward, trying to figure out life as I go along, like all women do. Except I'm the one doing it dry-eyed.

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'A real cry comes

with heaving sobs

from an ancient

place deep down.

A cry that feels

like you're

releasing years

of uour life'



## ON SALE NOW

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Fresh out of university with my useless diploma in post-war German politics, I needed money for rent, so I decided to add 'living statue' to my list of odd jobs. I threw together an all-white bridal costume and clambered on to a milk crate, only breaking my frozen poses to give away flowers to passers-by who were curious and generous enough to toss me money. Nobody offered me the job; I did it simply because no one told me that I couldn't, and it paid far more than my other jobs, which included making espressos and posing as a nude model for university art classes. Oddly, adding more clothes had upped my salary: posing naked for art students made me 10 bucks an hour, while the same positions on a milk crate, under lacy white layers, earned me a hundred.

> What I hadn't anticipated were the touching and profound encounters with people - especially lonely people. I was amazed by the intimate moments of prolonged eye contact happening on that busy city street, a place where more than a couple of seconds of direct gaze between strangers is usually verboten. My own performance started acting as a mirror. Not everybody wants to be looked at, I realised. But everybody wants to be seen.

A few years later, my clothes came back off; I decided to be a stripper. I didn't mind being naked and, I reasoned, a powerful feminist should be able to take >

She was a stripper, then a feminist rock star and now an author - but getting naked is Amanda Palmer's game. She debates whether female

nudity is degrading or the ultimate form of control

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**POWER** 

full financial advantage of this whole Male Gazing System. If you can't beat 'em, might as well take their money, right? It paid even more than my statue gig. I took a deep breath and marched into a local strip club. 'Here's your locker. We'll give you three seven-hour shifts a week. Don't smoke or do coke in the dressing room. Tip the DJ or else. What's your stage name?'

'Berlin,' I said, thinking fast. The woman divided... get it? My degree in post-war German politics had finally come in handy: useful, at least, for making up a dumb stripper name inspired by a confused, levelled city, walled off by cold-warring factions. I'll reclaim this sh\*t, I thought. I'll wave my conflict in the air.

The guy didn't laugh. In fact, no one in the club really seemed to get the joke. Oh, well.

Stripping just didn't do it for me. I was being looked at, for sure. But I never felt that I was being 'seen'. I was a body more than a person, a pair of tits more than a pair of eyes. The strip joint was Teflon to making an actual emotional connection – and I know, because I tried. We were paid to socialise more than we were paid to dance naked: I'd chat nightly for seven hours with a conveyor belt of the loneliest men in the world while pretending to drink champagne. (Employees were experts at 'dumping' drinks when the customers weren't looking. If I'd actually drank all the booze that was bought for me – I got a generous 15% cut of the cheap champagne that was sold at a 1,200% mark-up – I would have consumed enough to have brought me to a blood-alcohol level of approximately five-point-dead.)

'But who are you, really, Melvin? And would your wife really not understand, or is that just a story you're telling yourself?' My preferred line of questioning didn't usually elicit an enthusiastic response from my customer. The other strippers thought I was weird for wanting to get to the psychological underpinnings of my drink-buyers. But I didn't want to be naked alone; I wanted a partnership. If I was going to take my clothes off and show him my lady bits, the least he could do for me was tell me about his fears and failings. Sometimes, he did. In those moments, the men were more naked than I was.

But, mostly, they shared nothing. They slurped their drinks and stared at me blankly. And sometimes I would get home, at the end of a long night, and have a little breakdown, weeping in a foetal position on my kitchen floor, having no idea where to put the night's loneliness. People could stare straight into your crotch, but nobody could look you in the eye. That drove me crazy.

Vulnerability, nakedness... it's what we make of it, isn't it? We live in a landscape of women fighting for their

rights to breastfeed in public, Miley proclaiming her freedom to twerk, sexting scandals galore and GIFs of bouncing tits greeting us on the most naive of web-surfing adventures. On the other hand, we're being told that our nudity, our chastity, the sanctity of our sacred naked bodies is in danger of being violated when the techsavvy users of image-based bulletin board 4chan decide to hack the cloud. So which is it? Are we puritans or libertines? The same questions, for me, lie beneath all of this: who's got the power? Who's truly being exposed?

Can you outsmart the system? I think you can. Shame comes from within. Who is actually determining what is shameful along the long spectrum between the thong and the burka? I think the most important factor isn't about where we draw the lines, it's about who draws the lines. The minute you internalise the outside voices ('For god's sake, woman, cover yourself!'), congratulations, your adventures in shame have begun. The only way to grab back the power is to laugh at those you try to shame you; remind them - and yourself - that the driver's seat is occupied by you. Not the outside judges who attempt to convince you that there's something slutty, wrong, evil or unwholesomely tempting about your naked body. In order for empathy to rule, you cannot judge another woman for how much risk she is willing to take. We're all going to fall somewhere differently based on our backgrounds and personalities, and we can't 'keep score'. (Burka wearer: shame risk = 10/10 if caught nude in public! Stripper: more like 2/10!) It isn't binary: that sort of judgement doesn't work. What does work is assessing the power that lies beneath the clothing choices. Is she making the decision herself, or is it being made for her? There's the rub.

A few months later, my clothes went back on. I'd been writing songs all along, waiting for my music career to take shape, and I eventually left all of these odd jobs behind to start my band, The Dresden Dolls. Since the local clubs didn't want to book an off-kilter drums and piano duo, we played house parties. If there were no house parties, we threw house parties. Nobody offered us the job. We just kept playing music until the unpaid gigs turned into real ones.

If there was a stigma against being a loud-

mouthed, over-emotional female rock musician (and there was: I was flayed alive in the local music press for being an attention-starved fame-whore), I pretended it had nothing to do with my sexuality or gender. I pretended I'd probably get the same backlash if I'd been a man.

'THE SAME QUESTIONS, FOR ME, LIE BENEATH ALL OF THIS: WHO'S GOT THE POWER? WHO'S TRULY BEING EXPOSED?'



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## 'BEING NAKED DOESN'T MEAN YOU'VE MADE YOURSELF VULNERABLE. IT JUST MEANS YOU'VE TAKEN OFF YOUR CLOTHES'

Even more disturbing were the rumours flying around, given my cocky bravado and alto voice, that I actually *was* a man. At the time, I secretly took it as a compliment: they think I'm as good as a man. Looking back, that shakes me to my core.

I preached a gospel of physical freedom, but I was, in fact, too vain to forbid the label from airbrushing and Photoshopping my press pictures to remove the pimples and the wrinkles. I wasn't going to betray my feminist roots and start shaving my legs and armpits (when I was stripping, I shaved everything except my pubic triangle because stripping culture does *not* allow for hairy bum cracks. When I quit, letting my hair grow back out felt as relieving as taking off a corset after a 10-hour party), but I was tired of stares on the subway in summer, so I wore tights and long sleeves to avoid being gawked at. I figured maybe all these things would cancel each other out. I wasn't afraid of being naked: I was afraid of being judged. Was there a difference?

Rock journalists would ask me if I was facing any sexism in the music industry. 'No,' I'd answer. Saying yes wasn't an option; it made me feel like a victim. When I faced discrimination, I'd pretend that it wasn't there, the way I'd conveniently pretended that my £300-a-night-stripping-gig was actually a Robin-Hood-like piece of feminist performance art, stealing from the penises and giving to the vaginas. Well, my vagina. Well, whatever. You get what I mean.

I wanted to be seen. But I also I wanted, very much, to see. I didn't quite grasp this until I had clocked my thousand hours as a statue, a stripper and a musician. What I loved the most was the exchange, the surprising intimacy to be found with my fellow human strangers. With different people, in different situations (in bed, in the club, in my art), nakedness made true intimacy easier. Sometimes it made it harder: too off-putting, too uncomfortable. There were no set rules.

Lately, I've fixed my own paradox creatively, by stripping after performances with small groups of fans and letting them decorate my naked body. I close my eves, and I trust them to handle me with care. It's an act of belief and intimacy more than an act of exhibitionism. I've got to have a high level of faith in the people who are holding the felt-tip pens, otherwise the markers would feel like tools of destruction instead of tools of affection, the way a flirty kiss can quickly devolve into an unwanted grope. The fans are often breathless, nervous, giggly and embarrassed to be around Naked Me. Some crack jokes and some step aside to observe from a distance. Some focus on a small patch of fleshy belly and draw quietly, telling me later that it's the most intimate act of art they've ever felt. Who's got the power? Who's truly being exposed? In this moment, it's a 50/50 split.

I watch women arguing about Miley vs Sinéad vs Madonna vs Rihanna vs Lily Allen, arguing about Who's The Bravest Of Them All and Who's The Real Feminist? I think we're arguing about the wrong thing. The right thing to argue about is: who's actually empowered? It's not about who is wearing the least clothes; it's about who feels the most stability, the deepest connection and trust with their beholder.

The truth is, you can be naked without revealing anything. You can wear nothing but undies made of dental floss and still be covered in inch-thick armour. Being naked doesn't mean you've made yourself vulnerable. It just means you've taken off your clothes. Real vulnerability - the kind that used to be associated with getting your kit off - is another few stops along the line. Nakedness doesn't have to be empowering (although it can be), and it doesn't have to be disempowering either. The key, always, is control of the narrative. If we're judging ourselves or each other, we haven't made it yet; we still don't have our hand firmly on the steering wheel.

I got to see Malala Yousafzai's father, Ziauddin, speak at TED last year. He told us how he responds to those who ask him how he managed to raise such a revolutionary daughter. 'I tell them, don't ask me what I did. Ask me what I did not do. I did not clip her wings, and that's all.'

Nobody controls your narrative but you. Nobody clips your wings unless you let them. Nakedness isn't good or bad: it's naughty only when you say it is. It's slutty only if you call it out. The evil only sets in when the judgement does. And the judgement can come from either side of the stage; not only from the men in your life, but from the women suggesting that your nudity is either a whore-fest or a virgin-fest. Neither has to be true. You really can just be naked and human.

Watch. Watch what you tell yourself. Watch what you tell your friends. Watch what you say about your friends when they're not around. Are you letting them be free? Or are you keeping them in a cage so you can feel like you're on the right side of the bars?

We can keep rewriting the narrative: change the setting, change the scenery, change the costumes. Any act of nakedness can be powerful, as long as you're the one writing the story. The story can be rewritten a hundred times. • The Art Of Asking by Amanda Palmer (Piatkus) is out now



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### John Bell & Croyden

Wigmore St, London

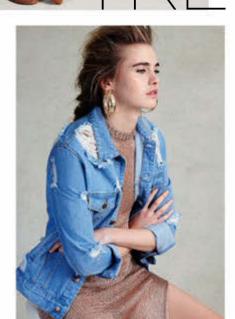
Right: Denim jacket, £45, woven bag, £10, and gold-tone earrings, £10

Far right: Faux-suede jacket, £50, printed trousers, £30, printed top, £18, and gold-tone earrings, as before. All missguided.co.uk



Above: Faux-suede fringed vest, £40, faux-suede skirt, £28, knitted crop top, £17, faux-suede shoes, £40, two-tone necklace, £8, and metal cuff, £8 Right: Knitted dress, £35, denim jacket, as before, gold-tone earrings, as before.

Far right: Faux-suede dress, £35. All missguided.co.uk



Clean lines or modern boho? Whatever your style tribe, online fashion label **Missguided** has got you covered — this season and beyond

MISSGUIDED





### IN THE CUPBOARD

For this collaboration, online fashion brand Missguided headed over to ELLE HQ with its s/s 2015 collection, where they joined the styling team for the shoot in The Fashion Cupboard. Racks of clothes and cases of accessories were mixed, matched, tested and compared in a combination of looks, until the final edit was created.









And nowhere as spectacularly as in the female-dominated world of beauty.

ELLE meets
six pioneering women
who've made standout
contributions and
succeeded on their
own terms>



### **LESLIE BLODGETT**

'My physical strength is very important to me. I'm a firm believer in strong body, strong mind.'

Leslie, 51, worked in product development at Max Factor and Revlon before becoming CEO of Bare Escentuals in 1994, when it was a tiny company producing bath products. She launched its revolutionary bareMinerals make-up line and pioneered direct sales on TV. Shiseido acquired Bare Escentuals in 2010 for £1.1bn. 'My feminism is integral to how I approach things. I was raised by a single working mum and I believe in making women feel powerful and independent. Sometimes you think no one else has these little voices saying: "You're not good enough, you can't do this," but everybody does, even the most confident people in the world.

'I exercise every day. I do a core barre workout [a ballet-based class], and believe in the symbolism of that: having a strong foundation. I have great posture. Posture says a lot about your confidence - even if you don't feel it, if you're standing tall, you can make people believe it.

'Early in my career, I followed my inspiration. I started out behind a cosmetics counter. What frustrated me then was that women were having skin problems, but nobody attributed them to make-up - dermatologists knew, but customers didn't. I wanted to create a product that wouldn't cause breakouts.

'Having worked my way up at Bare Escentuals, I persuaded them to launch bareMinerals in 1995. It was slow getting started - we weren't doing well financially and I had employees to support. One night, up late out of stress, I was watching TV and it occurred to me I should try selling on QVC. I was confident about the product and that transcended my fears of going on camera. We sold out £30,000 worth of foundation in six minutes flat. After that, we began growing tremendously.

'I've kept letters of recommendation from customers from 20 years ago - they give me the strength and power to wake up and make my next move.'

### **LOU TEASDALE**

'Speak up and challenge people – but be nice.'

Lou, 31, is the hairstylist who stirred up the beauty industry with her defiant aesthetic and rock'n'roll DIY guide, The Craft, which reached number one on Amazon's fashion books list. She is responsible for One Direction's icon-defining 'mops' and has almost four million followers on social media. 'I love the way that social media has given the beauty industry a voice. Old-school hair and make-up artists used to have to showcase their work in magazines, whereas now, it's much easier to get new ideas out there. Without social media, there's no way I'd be where I am in my career. That's why I'm as diligent about posting and interacting with fans as I am in all other aspects of my work.

'I studied fashion at the London College of Fashion, and my degree had a hair and make-up styling pathway. I ended up working with a hairdresser on *The X Factor*, who trained me, and I worked on some of the *X Factor* tours, which led to me becoming the hairstylist for One Direction. At the start of your career, it's so important to be proactive in getting your name out there – assist as many people as possible. Putting your skills into practice will teach you more than going on any course.

'I'm a friendly, positive person
- if you're not, you won't cut it in this
industry. But I've worked in maledominated teams and sometimes you
do have to speak up and challenge
people. If something or someone is
really stressing you out and trying to rise
above it isn't working, say something.

'A lot of people forget that being nice and working hard can get you a long way. Anyone can make friends with a celebrity; that's the easy part. You also have to be cooperative and helpful. And *never* stop mastering your craft.'





### **MARIAN NEWMAN**

'Don't be afraid – taking that risk could be the making of you.'

From forensic scientist to the foremost authority in nail artistry, Marian is an accidental beauty hero who now has her own Mac nail lacquer collection. Working with every major photographer from Nick Knight to David Bailey, she flies all over the world for magazine shoots and advertising campaigns, and is a fixture backstage at Fashion Week. In s/s 2015, she worked on 13 shows, including Loewe, Maison Margiela, Alexander McOueen and Vivienne Westwood. 'I started out as a forensic scientist. and it was only when my youngest child went to school that I decided to do a make-up course, simply because I wanted to. There, I discovered the world of nails.

'I found its scientific base incredibly interesting – I'm a bit of a nerd in that I have to understand things. If a product comes out that has got a new approach, I don't accept the marketing story, ever. I always research everything to find out what it is about that product that is actually new and how and why it works.

'I like to think I've been successful because I can do most things; I will always figure out a way. For my first fashion show [Givenchy Couture autumn/winter 1997], Alexander McQueen wanted me to create 12-inch spiral nails. I didn't have a clue how to do it initially, but I was skilled at using acrylic. You know the tin-foil food containers from your Chinese takeaway? I got some of those, cut them up, made them into spirals and built the nails on top of them. I have no idea if there's a better way because fortunately I've never had to do them again.

'I'm a big believer in going with my gut instinct. If an opportunity comes up and feels right, don't be afraid to do it. Otherwise, you might always regret not taking the one risk that could have led to the next big thing.'

**ELLEUK.COM** 

business currently worth £17bn, employing more than one million people.

### **MARCIA KILGORE**

'High standards and self-discipline are key to success. Why get up in the morning to be average?'

Marcia, 46, is a one-woman trailblazer, having launched and sold four ground-breaking companies: Bliss Spa, Remède, Soap & Glory and FitFlop. Her next brand-building venture is called Foam And Substance. 'I don't think human beings are created to sit around and "enjoy success". A friend once told me she thinks I've made brave career choices. I think it would be harder to spend your whole career in an office with some guy telling you what to do, whether or not you agree with it. I think we're made to struggle, grapple and solve problems. I can't imagine not having a project to try to conquer.

'In my early 20s, I was living in New York and working as a personal trainer. I had a bad experience having a facial at a salon and and I left thinking I wanted to create a space that made people feel comfortable, not judged. That's how my first company, Bliss, started in 1996. I used my wages to pay for a training course, then gave facials in my apartment until I could afford to rent a small space. It grew from there [now, there are 21 Bliss Spas in six countries].

'When I made the decision to sell Bliss in 2004, high-street stores had begun doing designer collaborations and I thought, why can't we have designer-standard products for high-street prices in beauty, too? That was the idea behind Soap & Glory, which I later sold, too [in 2014]. The launch of my third company, FitFlop [in 2007], was a learning curve. I just decided that I was going to start a footwear company, and I had to learn an entirely new industry.

'Generally, people wait to be chosen. They wait for a promotion; they do what everybody else tells them to do instead of what they think would be incredible at. Why have I been successful? Because I decided to be. I chose myself. I was willing to work – I killed myself. And I never have spare time. Even now, I feel guilty watching a movie on a 12-hour flight.'



### **JO MALONE**

'The only person that can make your dream and your success is you – it's no one else's responsibility.'

Jo Malone is arguably the most famous name in luxury candles and fragrance. So famous a name, in fact, that Estée Lauder bought it from her, acquiring the company in 1999 for an undisclosed sum in what Jo called 'the deal of a lifetime'. The 52-year-old entrepreneur now runs fragrance brand Jo Loves. 'It's important to surround yourself with people who believe in you, and to employ people who are better than you. If you feel threatened by brilliant people, you'll never really grow. I'm not a strong believer in mentors - the only person that has come close to that for me is my husband and business partner, Gary Willcox. There have certainly been people who inspired me: the woman who taught me to make a face mask, at the age of eight - [NYC society facialist] Countess Labatti, who my mum worked for. I'm dyslexic, so I memorised everything she did rather than writing it down. My mum taught me a great deal, too.

'Creating fragrance is the thing that makes me the most happy, content and complete. It's the only thing I can do brilliantly. I can't swim, I can't drive, but I can make cosmetics. I thought I could change the way the world looked at fragrance, and I did.

'I put my success down to passion, hard work and resilience. If you tell me no, I will always find a way and if I'm wrong, I put my hands up. Don't walk away from tough times, because they will make you resilient, and that is vital for longevity in business. I'm also creative – I don't see things in the way other people do. Do I want to create just another candle? No, I want to innovate.

'A career is like a kaleidoscope: every time you twist it, it turns. That said, I'm ordered and very disciplined. Every morning, I walk my dog and think. I come back, make a fresh juice and strong coffee, then make a list of everything that needs to be done. I expect a lot from myself and the people around me.'



### **POPPY KING**

'You can't just be passionate; you have to have perseverance, too.'

Unable to find a lipstick that suited her, Poppy, 42, started selling her own unique creations. Now, after 25 years, she spearheads Lipstick Queen, a business spanning three continents. The brand's Medieval is the best-selling lipstick in UK Space NK stores. 'I built my business by catering for a woman like me – with a different look and a different sensibility, used to wandering around cosmetics counters and not really fitting in.

'I've now had 25 years in the beauty industry. I'm self-made and very proud of that. I always bear in mind that the only reason it's all worked out for me is because there is a customer out there who likes what I do. I believe in what I call "educated risk-taking": you don't take blind gambles, but you consider what the risks are and whether or not you can deal with it not working out.

'I see my career like a river: things flow, sometimes with you, sometimes against you. You have to work hard to progress and there are a lot of things that you can't see beneath the surface, so you have to get wet in order to really understand what's going on underneath.

'One thing that's important is to know your own rhythm. For example, I'm more productive in the mornings. You also have to acknowledge how changeable things are. I used to fight those days where I felt less confident and that would only make it worse – now, I've learnt to adjust my expectations accordingly.

'I've worked at every level of the industry, from a small business to a corporation, and I've worked in every part of it: from selling on a counter to running inventory, to looking at the manufacturing, packing and legal, to being Vice-President of Creative Marketing at a major beauty company. That's how you learn: bottom-up. There's no shortcut to any place worth going.'

Find out the role of beauty in women's lives in our Big Beauty Survey on p256

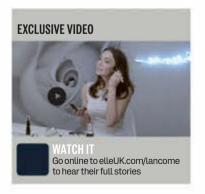


# THE **POWER** OF

It's the number one thing women want from their skincare, so Lancôme asked three inspirational women what confidence means to them

onfidence. It's a pretty small word for something so defining. And - according to research by skin experts Lancôme, the single most important thing that women want from their skincare. Be it dryness, blemishes or lines that concern us, the one thing we all yearn for is to feel good quite literally — in our skin.

Confidence has the power to open doors; a warm, easy, positive attitude can be just as essential to success as raw talent. So ELLE and Lancôme invited three brilliant, high-profile women to join us in the ELLE Beauty Cupboard, and asked them how they have the determination to do what they do and what they have learnt along the way. To hear their full stories, watch our exclusive video on elleUK.com/lancome





Indian Summer, confidence lies in not trying to be perfect, and finding what you enjoy. 'I wasn't actually that confident at school,' she confesses. 'I was the youngest in the year and hopeless at spelling. Ballet was the first thing I was good at; it felt like entering a magical kingdom, dressing up in tutus and playing the little girl in productions at The Royal Ballet. That was when I found the performer in me,

in who I am.' As an actor, she is As an actor, sne is often judged on how self... stop trying to she looks. 'My priority is to take great care of my skin-and create

and began to feel confident

a good canvas for the make-up artists on set. Catch Olivia in Indian Summer

on Channel 4's 40D

### OLIVIA'S TWO-STEP ROUTINE

give skin a glow, soothing Hydra Zen before going on set

Twould tell my younger



be perfect'



## BAUKJEN DE SWAAN ARONS, FASHION DESIGNER

The source of confidence, according to this dynamic fashion founder, lies in 'just giving it a go' and bouncing ideas off loved ones who can give you

Bounce your ideas off loved ones ... and just give it a go!'

encouragement in moments of doubt. Both her labels — the eponymous Baukjen and maternity brand

Isabella Oliver — were born from gaps she noticed in her own life. 'When I became a mum. I found I didn't have the time for fashion I'd had before -I decided to launch a fashion brand for time-poor women like me.' Her advice? Have confidence in your convictions. And surround yourself with people who will celebrate your success.



Lift moisturiser to



Anna Skellern is no stranger to stage fright: at an early, sold-out performance of her current role in the acclaimed musical Women on the Verge of a Nervous Breakdown, she blanked live on stage. Her solution? To simply take a deep breath and carry on.

For Skellern, perspective is everything: will this moment matter

in a month or a vear from now? In almost every case, she says, no! Confidence doesn't

just lie in self-belief: 'Confidence is [sometimes] failing and knowing

it's okay to fail.'

♥ @ANNASKELLERN

'Confidence is

sometimes failing and

knowing it's okay to fail'

TRY IT! Lancôme is offering free samples of Advanced Génifique Serum. Head to your nearest Lancôme counter to claim yours





ANNA'S TWO-STEP ROUTINE

for a perfect glow



Advanced Génifique Serum, £59 Glowing smooth skin for any age, ethnicityor skin type



Hydra Zen Day Cream, £39.50 Ultra-hydrating to keep skin plumped with moisture



Visionnaire Day Cream £60 High-tech anti-wrinkle cream that also

improves skin texture





Starring: Sarah Burton, Rei Kawakubo, Victoria Beckham, J.W.Anderson, Clare Waight Keller, Erdem, Joseph Altuzarra, Rodolfo Paglialunga, Thom Browne + the students of Central Saint Martins





### #GIRLINTERRUPTER

Is cooking a feminist or anti-feminist act? **Emma Forrest** debates

am more enslaved to beauty than any woman I've ever met. I remember so clearly what it felt like to meet my husband, fall in love, have my baby, publish my memoir; but I also remember with equal clarity and importance, seeing Rachel Weisz fly-posting for her student play in Edinburgh when I was 15. Once, I did jury duty on a monotonous, grisly case that went on for weeks. The day there was a witness, who – though unconvincing – was beautiful, it felt like a cigarette break to a smoker trapped on a plane.

So I'm the ideal audience for the newly annointed crop of beautiful female chefs. Lorraine Pascale, Gizzi Erskine, ELLE's own Ruby Tandoh, Sophie Dahl and Queen Nigella - female bodies as much an object of desire and consumption as their food. I could look at pictures of Rachel Khoo all morning (and once did).

The least interesting to me are Jasmine and Melissa Hemsley, two slim sisters who focus on healthy eating. In screenwriting, we say a character is made interesting by acting out two opposing desires at once. Nigella, Ruby and Lorraine are compelling because they specialise in

'naughty' eating, fatty, yummy, sweet; the Hemsley sisters look like nothing passes their lips but egg-white omelettes. But with all these women, their range of food and their desire to experiment with it makes me think I was quite wrong when I decided not learning to cook was a feminist act. I hate cooking, which has always felt, if not like a grisly murder case, then akin to an endless trial.

an endless trial.

Daisy Lowe parlayed her celebrity not into
a clothing line or fitness video, but a cookbook. What enhances an old-fashioned sex bomb's marketable allure more than the sensuality of cooking? Fingers in mouth, pale skin, messy with sweetness? It's incredibly hot. It works on me, and yet this latest cultural shift is still

Hep something I find concerning.

I've met Gizzi, had my career started by Nigella (after I interviewed her for my school newspaper) and knew Sophie Dahl when I lived in NYC. But even as I follow their social media (Ruby's is the most soulful; Gizzi's has the best

Audrey Hepburn-related hair accessories), I'm bored by the programming of young hotties on TV cooking shows. It reinforces an old-fashioned idea of femininity, and associates the idea of females cooking with a limited view of (physical) attractiveness. It leaves women like my friends regretting that they aren't all they could be. In fact, they and you – are hard-working, brilliant and beautiful, and it p\*sses me off that TV media finds a way of leaving you wanting. To eat what you want but to never gain weight isn't possible for the average woman. Women of all shapes and sizes are doing amazing work in kitchens across the country. They just aren't presented on your TV in this way.

Note that in the old days there was a much broader scope of cooking personalities on telly. Gentle Delia, sweet, bonkers Keith Floyd, the Two Fat Ladies (who looked quite terrifying but were amusing, raucous and outspoken). I miss the personalities – they're all confined like freaks to *Big Brother* these days. Isn't that depressing?

When I emailed her about this column, Ruby Tandoh was incredibly articulate: 'Feminism now is predicated on the politics of choice, which is tricky because it seems to be making every woman's choices at once "free", yet also subject to scrutiny to see how it stands up to a feminist agenda. This choice has allowed women to visibly,

*What enhances* 

an old-fashioned

sex bomb's

allure more than

the sensuality of

unashamedly re-enter the kitchen without feeling like that act somehow negates the feminist cause. But I'm wary of this valorisation of youth and slimness above all. It feels like the message is: "It's great to eat and love food - as long as you don't get fat/age/stop smiling."

When I decided never to learn to cook, I made it through by eating avocado on toast, fried eggs and frozen yoghurt. I enjoyed

repeating the same list over and over (the restriction felt meditative, as did my tiny studio flat).

But now I live in a house and have my own family, the glamour chefs are having an effect on me: I want an Audrey Hepburn-esque hairbow. And I want to learn to cook. These women look like they're having such a good time! Cooking is both art and science, requiring, like an architect, both your left and right brain. A big part of my rejection was a fear that I'd be bad at it. I've realised in my mid-30s: it's feminist to do what you want to do, however you do it.



**FASHION HIGHLIGHTS** in the heart of the West End brings a vibrant village GFT 20% OFF IN-STORF feel to central London. Make the most of it at an exclusive shopping event from 12pm-5pm on 9 May. Your complete fashion

to Monmouth Street for chic French staples at Loft Design by and your pick of this season's

experience awaits. Head

footwear at Poste

Mistress and Duo's St Martin's Courtyard store. Find your perfect denims and plenty more besides at **Diesel**, over on Earlham Street, or head to nearby Urban Outfitters for a perfectly curated selection of

independent brands.

**■** @7DIALSLONDON





The streets will be closed to traffic and the centre

a Pimms garden. There'll be 20% off discounts,

giveaways, live music, free cocktails and activities

galore — including trend talks by ELLE. See you there!

transformed with a lawn, complete with games and

Left: Silver laceups, £95, Office Right: Printed T-shirt, £25, Element, Embroidered skirt, £155, LK Bennett. Letterman jacket, £155, G-Star. Clutch, £45, Loft Design by. Sunglasses, £98. **Bailey Nelson** 



**Above:** Cotton-mix trousers, £95, and cotton shirt, £120, both Loft Design by. Leather shoulder bag, £359, Desa **Far right:** Silk jumpsuit, £330, Eileen Fisher. Neoprene jacket, £260, Diesel



#### BEAUTY & ACCESSORIES

LET YOUR HAIR DOWN
Get your s/s 2015 beauty
look sorted at **Shu Uemura** on Monmouth
Street (offering express
make-up tutorials on the
day) or pop into **Miller Harris** for a personal
fragrance consultation.
The finishing touch? The
perfect blow dry can be
yours in minutes at **Blow Ltd**'s express beauty bar
just a few streets away
in St Martin's Courtyard.

will be given away. And to wind down? Raise a glass with free tastings

at wine bar **Dalla Terra** 

and be sure to hit Marcus

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Tredwell's, for 20% off

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#### **SHOPPING EVENT**

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REBELS, THE ICONS, BACKSTAGE

Portrait photography **Bella Howard**Backstage photography **Marco Walker** 



## THETRENDSETTERS

**ERDEM MORALIOGLU** DESIGNER

**ALEXA CHUNG PRESENTER & MODEL** 

**LORRAINE CANDY EDITOR-IN-CHIEF** 

**CHRISTOPHER BAILEY DESIGNER** 



#### #ELLESTYLEAWARDS

**Editor's Choice Award** winner Christopher Bailey, with presenter **Lorraine Candy** Lorraine wears Erdem; Christopher wears Burberry Opposite: Designer Of The Year Erdem. with presenter Alexa Chung Erdem wears Dries Van Noten; Alexa wears Erdem and Topshop shoes





T like to think of myself as fairly low maintenance in life but when it comes to an awards situation, I become a full diva [...] I started getting ready at 3pm today.'

- ALEXA CHUNG





#### #ELLESTYLEAWARDS



Tallulah Harlech wears Preen

'On the red carpet, you have to think about your body and proportions.'

-TALLULAH HARLECH





Accessories
Designer Of
The Year, Stuart
Vevers for Coach,
with presenter
Jessie Ware
Jessie wears Coach;
Stuart wears
Coach, Acne and
Ralph Lauren







## THEICONS

CARA DELEVINGNE MODEL & ACTRESS

MANOLO BLAHNIK DESIGNER

NAOMI CAMPBELL SUPERMODEL

ROSIE HUNTINGTON-WHITELEY SUPERMODEL

JOURDAN DUNN SUPERMODEL





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JENNIFER SAUNDERS COMEDIENNE

**REBEL WILSON** ACTRESS & COMEDIENNE

PIXIE GELDOF MODEL & SINGER

**ASHLEY WILLIAMS** DESIGNER

M.I.A. MUSICIAN

KATIE HILLIER DESIGNER

**LUELLA BARTLEY** DESIGNER

LEIGH LEZARK DJ & MODEL

MARY KATRANTZOU DESIGNER

**BRYAN CRANSTON** ACTOR

**DIANE KRUGER** ACTRESS











#### #ELLESTYLEAWARDS

**MIAUNIVERSE** 

Best Contemporary Brand winners Luella Bartley (left) and Katie Hillier (right), for Marc by Marc Jacobs presented by M.I.A. (centre) All wearing Marc by Marc Jacobs



**■** @BRYANCRANSTON







**™**@THEMISSHAPES



Red Carpet Designer Of The Year Mary Katrantzou with presenter Leigh Lezark Leigh wears Mary Katrantzou



## THE NOISEMAKERS

**SAM SMITH** MUSICIAN



# ©LEWISHAMILTON Lewis Hamilton wears Marni

#### #ELLESTYLEAWARDS



Simon Cowell, winner of the Outstanding Contribution To Entertainment award with presenter Lorraine Candy Lorraine wears Erdem; Simon wears Richard Anderson

Below: Nick Grimshaw, ELLE Style Awards host wears Saint Laurent by Hedi Slimane

MICKJONAS











ELE STYLE AWARDS 2015#M

## THE BEAUTIFUL MINDS





Bella Howard

## THE DETAILS

They came, they posed, they partied – ultra stylishly, of course.





Actress Gwendoline Christie wears hot off the runway Giles; this Chanel clutch is the kind of maths we like.





Oh, hi there, Nineties revival: Versace brings back bling (and sheer tights); Diane Kruger: pretty in pink Chanel.





Warm and fuzzy: an already iconic Shrimps bag; Alexa (in Erdem) and Pixie (in Ashley Williams) head to the bar.

#### This is what happened when the stars stepped off the red carpet





Prints and pops of (Louboutin) neon breathe fresh life into evening wear. Glow sticks need not apply, however...





Jourdan Dunn and Cara Delevingne: 'What are you looking at? Oh, right...'; those Margiela x H&M heels.





Simone Rocha in her fluffy slippers: it's love; ELLE Beauty Director Sophie wears sheer panelled Self-Portrait.

Photography Marco Walker 167





Attendees stayed true to London's playful, eclectic aesthetic; musical power couple Taylor Swift and Sam Smith.





One daring gent wore bold fuchsia; ELLE's Donna Wallace (in Galvan) and Emma Sells (in H&M and Toga Pulla).





Bryan Cranston, handsome Walter White; Atlanta de Cadenet (in Dolce & Gabbana) and Laura Jackson (in Eudon Choi).





Pink hair, don't care: one rebelliously chic guest; style? It's black and white: **Giles Deacon** and **Henry Holland** in mono.





Modern beauty: Isabeli Fontana does braids and a purple lip; the grass really is greener at the incredible Sky Garden.





Roksanda Ilincic wearing one of her own designs; more neon, this time in the form of an Anya Hindmarch clutch.

Photography Marco Walker 169





Lily Donaldson (in Emilio Pucci) catches up with Christopher Bailey; Rosie H-W poses with her band of merry men.





Bright suits were everywhere, including on model Oliver Cheshire; hello, you beautifully boxy bag. Let's dance!





Leigh Lezark gives a lesson in texture mixing in Mary Katrantzou; did Jourdan get a bob just to show off her tattoo?

170





 $\hbox{A \textbf{\textit{Liberty}} clutch patiently waits for dinner; one lucky guest wears the soon-to-be-iconic \textbf{\textbf{Coach} x Baseman} jacket. } \\$ 





'#Bestnightever!' Model and DJ Mary Charteris tweets; Mollie King (in Ralph Lauren) stalks\* Nick Jonas. \*We imagine.





The next generation: Molly Goddard, Shrimps' Hannah Weiland and Ashley Willams; Diane Kruger's dancing shoes.





HERE'S to YOU

A big thank you to everyone who made the ELLE Style Awards 2015 so special



Above: Pixie Geldof, Alexa Chung and Aimee Phillips. Right: The incredible view. Far right: Tanqueray cocktails were a big hit



From top: Jessie
Ware enjoys a
glass of Moët;
Moët on ice;
Sky Garden, our
amazing venue;
Hardys wine
was served
with dinner



With special thanks to: our sponsor H&M (hm.com/gb), Moët & Chandon (moet.com) for Moët & Chandon Brut Impérial, Audi (audi.co.uk) for chauffeuring the VIP guests, and our exceptional event organiser Blonstein (blonstein.co.uk). With additional thanks to: Claridge's (claridges.co.uk) and Hotel Café Royal (hotelcaferoyal.com) for hosting the VIP guests, Tanqueray (tanqueray.com), Hardys (hardyswines.com), Paul Mitchell (paulmitchell.com), Benefit (benefitcosmetics.co.uk), Hershesons (hershesons.com), the spectacular venue Sky Garden (20fenchurchstreet.co.uk), DJs Mary Charteris and Severino, Talk PR (talkpr.com), Starworks Group (starworksgroup.com) and LookLook GIF booth (looklook.co.uk).

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#### A JOURNEY THROUGH TIME - WITH RIMOWA

The 192Os marked the beginning of modern air travel and the golden age of Hollywood. In 1919, Hugo Junkers presented the world's first all-metal commercial aircraft. It was made using the aircraft aluminum alloy discovered by Alfred Wilm in 1906. In 1950, RIMOWA presented its suitcase with the unmistakable grooved design made of the same material – at the time, it was the lightest suitcase in the world. RIMOWA was a real pioneer in the sector, starting the trend for lightweight luggage back then.



www.rimowa.com





Nº1 Beyond the sea > The new nautical is polished, tailored, powerful Nº2 That 70s Show > Modern style with disco soul Nº3 Oh you pretty things > Gingham and plaid, pencil skirts and heels. A siren is born Nº4 #BeMoreRebel > Rebel Wilson writes her own rules. Be inspired Nº5 The high-street edit > Suede gets a new lease of life for s/s 2015





























## That 70s Show

KALEIDOSCOPE COLOUR. OPULENT FABRIC. DECADENT SPIRIT. THIS SEASON, RETRO IS REBORN



Photography Marcin Tyszka Fashion Grace Cobb Model Bruna Tenorio









This page: Cotton cape, £560, and matching skirt, £490, both Paul & Joe. Cotton shirt, £270, Karl Lagerfeld.
Leather sandals (worn throughout), £885, Saint Laurent by Hedi Slimane Opposite: Silk top, £690, Mulberry, Cotton trousers and leather shoes, both £385, both Coach, Silk scarf, £145, Liberty London, Leather and metal belt, £206, Paul & Joe











This page: Sequined silk tunic, £5,380, viscose-mix leggings, £480, leather boots, £800, and resin and brass earrings, £550, all Louis Vuitton Opposite: Silk-mix coat, price on request, silk shirt, price on request, and matching skirt, £485, all Max Mara. Silk scarf, £140, Paul Smith. For shopping details, see Address Book. Hair: Lok Lau at CLM Hair & Make Up using Kérastase. Make-up: Mel Arter at CLM Hair & Make Up using Estée Lauder. Manicure: Adam Slee at Streeters using Rimmel London. Model: Bruna Tenorio at Elite Model Management London. With thanks to: Spring Studios







 $Explore \ your \ inner \ siren \ with \ pencil \ skirts \ and \ block \ heels, then \ mix$ 

 $and \, match \, gingham \, and \, plaid \, for \, maximum \, impact$ 

Photography David Burton Fashion Michelle Duguid Model Veronika Vilim

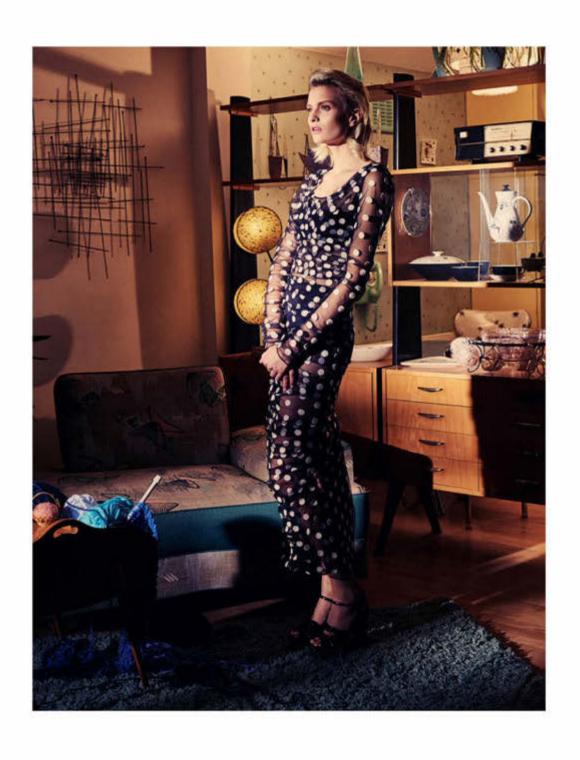




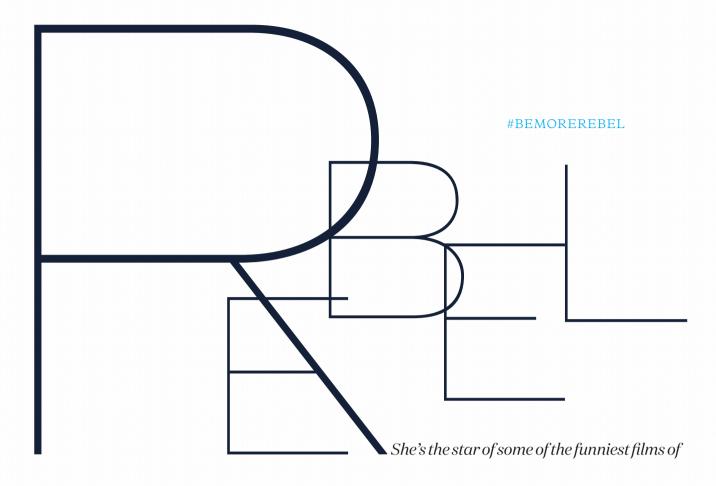




David Burton 209







the decade. And make no mistake, the ambitious actress, writer and singer will change

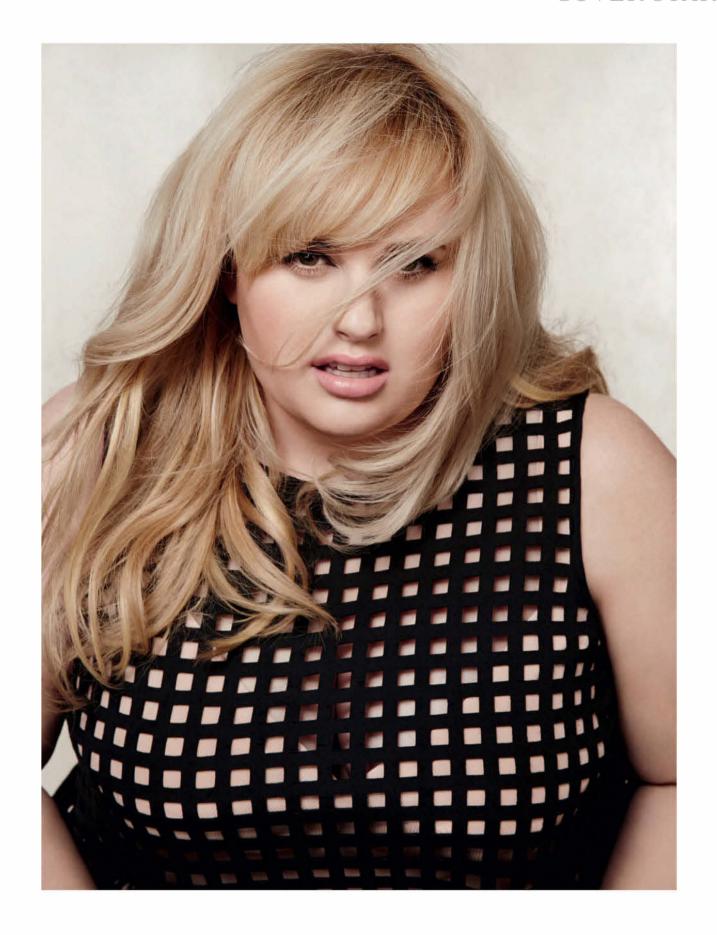
your world. Editor-in-Chief Lorraine Candy meets the phenomenal Rebel Wilson

Rebel Wilson is one of the most unusual women I have ever met. Really, it's very difficult to accurately describe her for you: to explain the uniqueness of her personality and the surprisingly studious mindset of this 29 year old, who is, I think, the most refreshing female voice to come out of Hollywood in years.

I assumed this interview would be so entertaining, it would write itself. Comedy gold would unfold on the pages before your eyes. You see, I'm an early adopter of Wilson and her sideways humour. I loved her in *Pitch Perfect*, *Bridesmaids*, *Night At The Museum: Secret Of The Tomb*, and the hotly anticipated *Pitch Perfect 2* (a film that opens with Wilson's character, 'Fat Amy', accidentally showing her vagina to President Obama while dangling above a stage in a silk sling).

I was overjoyed when the idea to put her on the ELLE cover got the thumbs up from everyone I quizzed >

Photography **Doug Inglish** Fashion **Anne-Marie Curtis** 









about her. She has a cult following and, for me, is the woman of the moment. That's what I try to do with our cover stars: pick the woman everyone is, or will be, talking about.

Anyway, this is what I thought would happen: Rebel Wilson and I would meet, her deadpan asides would have me laughing out loud, maybe she'd do some rapping (like she did on *The Graham Norton Show*) or throw out some trapeze moves (she's been to circus school to learn to do her own stunts - 'because there isn't a stunt girl big enough to be me,' she explains).

And then we'd share all the things we have in common. I have four kids (three girls and a boy), she's the eldest of four (three girls and a boy). I come from a similarly rural background peopled with eccentric animal-lovers (her family were dog nuts, mine donkey people).

But none of the above occurred. Instead, I spent two hours engrossed in a serious conversation with a woman whose IQ is significantly higher than mine (indeed, most people's) and whose ambition and attitude is so impressive it leaves you breathless.

The bottom line is: 'Fat Amy', the daughter of Beagle breeders from Sydney's north-western suburbs, is about to change your world.

Like her ultimate hero Oprah, Rebel possesses a monumental drive and hardcore self-belief that is so completely infectious you'll want to inhale it for your own use. It's not a brash, shouty, US-style PMA (positive mental attitude), though – it is a subtle, instinctive and super-smart sureness that means failure is never an option. In the time I spent with Wilson, I didn't once find this confidence conceited: I found it beguiling and loveable. Indeed, when I introduced her to my own 12-year-old daughter on the set of our cover shoot, I found myself hoping Wilson would shake her hand and initiate a positivity transfer.

Wilson's uniqueness is, I believe, largely due to her down-to-earth upbringing. She grew up travelling Australia with her mum Sue and three siblings in a yellow caravan branded 'Petcetera Etc'. Her mum sold pet products at dog shows, where she judged classes, too. They had a house, but the dog world dominated life ('[There would be] all sorts of oddballs meeting in our garage,' she deadpans, adding: 'My mum's not a weird person, though. She's lovely').

Her sisters are called Liberty and Annachi, and her brother is Ryot. 'Mum used to name the puppy litters in themes; I guess she carried on with us,' she says.

An academic genius at an all-girls school, she was painfully shy ('like, social disorder shy,' she says) until one day, sitting in the library at the age of 13, she 'made the clear decision' to become the most popular girl in the school. 'Why did I have to be the one with no friends?' she recalls thinking. 'I can do what those other girls are doing, I have had enough time to observe them.'

And so, she did it. A combination of cheeky behaviour ('I once locked a mean teacher in a cupboard') and humour quickly made her the most popular girl in her year. She sought out situations where injustice was obvious and championed the underdog. It was a well-thought-out plan.

The next step was to join all the sports teams - she excelled at tennis ('my uncle was a coach') and field hockey, as well as captaining the basketball team (she's 5ft 4in). Even today, Wilson is ridiculously fit: working out five times a week in the gym and exercising with a trainer. 'You need to be physically strong for this job,' she says. 'I like to have the stamina to work 16 hours a day. I may eat a lot, but I am very healthy.'

Her ambition, obviously, was to be head girl. She became deputy. This revelation makes me wince, because by this point in our interview I know how important being first is for Wilson. 'That must have hurt,' I remark. 'I feel like I was the people's choice, but the teachers wanted this other girl, so I lost the vote,' she explains. There's a pause and Wilson adds carefully: 'I don't know where she is now.'

She was so good at school, she was chosen to be a Rotary International Youth Ambassador for Australia at the age of 17. Part of the programme was to travel to another country; she chose war-torn Zimbabwe.

'I was so naive. I nearly got killed there: I was caught in crossfire three times. It was such an extraordinary experience, leaving everything to go alone like that as a teenager.

'While I was in Mozambique as part of the trip, I caught malaria and the medicine caused a hallucination. I dreamt I won an Oscar for acting. I know it >

'Rebel "made a clear decision" to become the most popular girl in the school. "Why did I have to be the one with no friends?"

#### 'I was Dame Judi Dench in my head. But I did a serious play and people laughed. The more serious I tried to be, the funnier it was'

sounds stupid, but it was so real and I just knew then it would happen. When I came back, everyone was like: "Rebel, you can't be an actress because you are so smart", but I was sure. So I went to law school in the day and trained at the Australian Theatre for Young People at night.

'Then I won a one-off Nicole Kidman acting scholarship to New York for \$12,000. I really wanted to be hardcore serious. I was Dame Judi Dench in my head. But I did a play that was serious and people laughed. The more serious I tried to be, the funnier it was and I thought, "I must have a knack". So I chose comedy for the scholarship.'

She also mentions she wrote her first play in two nights, then spent a year saving \$2,000 to produce and stage it. Australia's Channel 7 saw it and bought it for \$90,000. Oh, and she also graduated from law school.

While she is telling me all this, I realise the story is itself a good script for a blockbuster movie, but Wilson is already there: she keeps a scientifically filed selection of picture albums, a visual diary of her life that she spends two days at the end of every year sorting for future reference. I wish I had done that.

As more work came in from the US after almost a decade on Australian TV, she sold her small Melbourne flat and used the money to move to LA, where she now lives with British comedy star Matt Lucas (more of him later), who she got to know on the set of *Bridesmaids*.

'I had four little scenes [in *Bridesmaids*], but I knew it was enough for people to say "she's got something", even though the whole cast is so funny and so amazing,' she says in her quiet, assured Aussie tones.

The comedy writer Kay Cannon, of 30 Rock and New Girl fame, who scripted Pitch Perfect (a low-budget movie that went on to take \$115m at the cinema) and its sequel, explains that Wilson, whom she'd never met, got the part after she found Cannon on Facebook and sent an unsolicited message.

'I never reply to those,' Cannon says. 'I mean, it's strangers saying hi. But I looked at her profile and I thought she was just so unusual. I took a risk and sent her the script for *Pitch Perfect* via Facebook. This is not the way it's ever done here in Hollywood.

'I was nervous of how to propose that role for her and simply said: "I think you would make a smashing Fat Amy".

'[Rebel] is such a hard worker, such a team player. She comes on set every day with a binder of notes and thoughts, takes the dialogue and runs with it.

'Her uniqueness will keep her in the limelight as long as she wants to be there. I am filled with love and gratitude for her to have taken the part of Fat Amy and made it special for so many reasons, not least the message of empowerment she is spreading.

'And it was so refreshing to work on an all-girl set and see everyone get on and work hard to make this small film so much bigger than we ever thought it could be. And I say to anyone who will listen when when you have an all-female crew these films do really well - they are big business, as big as other Hollywood films. It's a numbers game in this industry and women sell.'

Having seen the sequel – which is a minefield of excellent comedy one-liners, some so racy I wonder how the US audiences will view it – I would say Wilson takes the role up a notch, expertly moving it past jokes about size and shape. In fact, her size is almost irrelevant for much of the film, which showcases the distinctively slow and deliberate delivery of her razor-sharp humour. For those who haven't seen *Pitch Perfect*, this musical extravaganza about an all-girl a capella group is often compared to *Glee*, but it's much darker. The cast is almost entirely female, the producers are female, the sequel's director is female: it is an anomaly in male-dominated Hollywood. Wilson has a good take on this: she is a fact-based feminist realist.

'How I see it is, I do two types of job: dream jobs like female-driven comedies, and the other job, which is basically the boys' club. I have done three big movies with men-these are talented, strong-minded males, but you have to find a way to work that system.

'You aren't being paid much and you start at a disadvantage with the script. Usually, you don't have any cool jokes and you're there to support the male actor. Those male roles are 90% written and formed by the time the filming starts, but the female roles are only 20% there. It's unfair, but I love being funny so I improve the role, work with the limited parameters and opportunities, and maximise them. If you're a woman in that situation,



you work harder, sharpen your skills more; you need to be two or three times as good as the guys. I just go in there and try to crush it.'

When we meet, Wilson is make-up-free and wearing baggy black leather trousers, a white T-shirt and a black leather cap over her trademark high blonde ponytail. She is striking to look at and it is obvious why she is so photogenic. Watching her is mesmerising. If you haven't seen her live performance at the MTV Movie Awards, then drop what you are doing and watch now. Dressed as a female Iron Man, she's lowered on stage for three costume changes and a dance routine more hardcore than Madonna's *Blonde Ambition* tour. Wilson ends the polished performance in a skintight PVC suit, belting out Macklemore and Ryan Lewis' *Thrift Shop*. She plays it for laughs but also pulls off a phenomenal vocal.

The director Jason Moore, who worked with her on this MTV show and cast her for *Pitch Perfect*, is effervescent with praise, noting as I do her 'unusual' qualities.

'Rebel has an intense discipline,' he tells me from LA. 'She'll come on to set with notes then go into a corner and write more notes. She has the experience and the brain power to maintain the heat that is on her right now. I can see her in future running a Rebel empire because she will be doing so many different things, she'll need that kind of team around her. What I like about her is that she's not clueless to what is happening in the room – she can come into any situation, observe it and react perfectly to it. Some actresses just don't get it because it's always all about them; Rebel is so observant and mindful of others, she takes all that into account before reacting.

'She has a unique presence,' he continues. 'Very glamorous and sexy. I loved watching her dance – working twice as hard as everyone else, because she had to master the choreography as well as layer humour on top of that. Her message was: "I am owning this body before you all do." It's very empowering.'

When I ask Wilson about her size, we have a refreshingly open conversation. She has no plans to slim down and is about to launch her own sports-luxe clothing range

#### 'I like to show skin: I don't want to feel covered up because that isn't sexy. I wear fitted things and I like a bit of bling'

with a US retailer. 'It's about all the things I have learnt from being this size. I like to show skin: I don't want to feel covered up because that isn't sexy. I wear fitted things and I like a bit of bling,' she explains.

Wilson has just hired the stylist Elizabeth Stewart, who also works with Cate Blanchett, to navigate the tricky world of fashion. She tells me fashion houses send her a lot of gifts, from designer handbags to trainers. And when she first started earning respectable money, she bought all of her family monogrammed Louis Vuitton handbags.

'They're still using theirs, but I have moved on,' she remarks. 'I am the type of girl with zero fashion sense but I am getting into it now. It's becoming important for me. I saw a lot of girls were beginning to notice what I wore and I feel a kind of responsibility, because there aren't any women in Hollywood my size and age.'

When I ask her what causes her stress - because in every area of life she displays the assurance of someone who has a grip on all the emotions that surround daily challenges - she says red-carpet dressing.

'People are judging you just by how you look, which is obviously not my friend,' she says. On our cover shoot, she takes the whole thing incredibly seriously – she needs to feel like she is getting into a character to make sure the shots work. It's a scientific approach. I sense this is her least-confident place but I predict that won't be for long. She will master this part of the job because Rebel will do what it takes to achieve the goal ahead of her. It's a tremendous work ethic.



The British comedy star Matt Lucas shares a house with Wilson, near her Hollywood friend Jennifer Lawrence. ('That girl is so emotionally available, she is one of the funniest women on the planet,' Wilson comments. She is constantly praising other women for their talents thoughout our interview.) When Lucas calls to talk about his friend, he points out that she has something very different to the other 'larger' US comediennes that have gone before her - Melissa McCarthy or Roseanne Barr, for example.

'Rebel's size isn't the thing that defines her. It's mostly irrelevent to what she does,' says Lucas. 'It's like me being bald – it isn't the thing all my comedy is about.

'She's young, glamorous and sexy. She brings a bold, unapologetic presence to everything she does. This is inspirational for a lot of people who don't feel they are represented by the entertainment industry – there is something very precious about that,' he explains.

They met at comedy director and producer Judd Apatow's house 48 hours before filming their *Bridesmaids* scenes. 'When we met we, just clicked,' adds Lucas. It's the oddest thing – we felt like we already knew each other. Maybe it was because we are both physically plus-sized, or the shared humour. But it felt natural to live together rather than alone. She's very real, very good at just being herself, despite all this attention and fame now.

'She turned up [on the *Bridesmaids* set] with pages of notes and ideas, she knew her skills and she knew how to go about becoming the iconic character in this movie. Her rise to success in the US has been meteoric and

I am career-focused and ambitious. I think guys are intimidated oy a successful girl, though I don't think 'm intimidating' I believe she will transition into more serious acting and writing, as well as doing the comedy.'

I ask Lucas how Rebel relaxes, because her workload is tough and this could make for a boring social life. (Indeed, she is single and tells me she hasn't ever been in love. 'I am career-focused and ambitious; it's hard to bring someone along for that. And I think guys are intimidated by a successful girl, though I don't think I am intimidating. A psychic told me I wouldn't meet my soulmate until I was 60. That really f\*cked me off.')

Lucas says their life together is blissfully sedate. He emphasises that neither of them are extroverts. 'We aren't 24-hour party people,' he says, 'Her family visit a lot and we have a quiet home, often just us in our dressing gowns. It's not a house of never-ending fabulousness.'

Wilson is currently renovating a new home in Hollywood, though. 'It's hard when you come from nothing to know how to do all that interiors stuff,' she says. 'I'm from a culture where we didn't really care about aesthetics. My new house has got one room that is just a closet, bigger than that one in *Sex And The City*. There are drawers for sunglasses and jewellery, a hot tub, a cinema – but no sauna. The designer said that was tacky.'

Moore describes Rebel as having an 'unusual rhythm', which is addictive to watch (and explains how it felt meeting her) and means she is able to 'quietly say very bold things' - and that is a powerful quality to have.

When I look up the dictionary definition of a rebel, it is a person who resists authority, control or convention. I think this suits the multitalented Wilson. She is an authentic, complex original who will use her confidence and genius to be a credible success (she will win an Oscar, everyone I spoke to assured me of this) as well as provoke positive change in an industry that we all know needs to evolve, particularly for women. She is a role model for a new generation who applaud it when their female entertainers excel at more than one thing and continue to be themselves, too. She is proof that hard work pays off and proof that once you find your voice, you can keep it and make it work for you. More than anything, she is proof that dreams do come true.



On the cover

of New York

Magazine.





















This page: Cotton dress, £250, Karen Millen. Leather sandals, £100, Aldo. Straw hat, £14.99, H&M Opposite: Annika-Marie (left) wears: Cotton dress, £55, and faux-leather bag, £22, both Next. Gold vermeil earring, as before, and gold necklace, £169, both Phoebe Coleman. Gold-plated silver ring, as before. Roberta (right) wears: Cotton shirt, £72.50, and matching shorts, £48, both See By Chloé. For shopping details, see Address Book. Hair: Maarit Niemela at D+V using Shu Uemura. Make-up: Naoko Scintu at Saint Luke using Chanel S 2015 and Chanel Body Excellence. Manicure: Adam Slee at Streeters for Rimmel London. Models: Annika-Marie Leick at Next London and Roberta Cardenio at Models 1. With thanks to: Motel Studios



















1. Acrylic top, £30, River Island. 2. Suede sandals, £89, Carvela. 3. Cotton bralet, £25, Asos. 4. Cotton dress, £250, Vanessa Bruno Athé. 5. Cotton-mix jumpsuit, £265, Gerard Darel. 6. Denim shorts, £35, Warehouse



7. Leather sandals, £65, Clarks. 8. Cotton dress, £250, Karen Millen. Leather sandals, £48, Next. 9. Cotton shirt, £135, A.P.C. 10. Leather bag, £49, Accessorize





17. Cotton trousers, £40, Asos. 18. Cotton dress, £229, Claudie Pierlot. 19. Denim dress, £39, Miss Selfridge. 20. Cotton top, £39, Jigsaw. 21. Cotton jacket, £199, Karen Millen. 22. Cotton skirt, £78, AllSaints











11. Suede dress, £110, Oasis. Suede bag, £248, AllSaints. 12. Cotton-mix shirt, £29.99, H&M.

13. Suede bag, £55, Aldo. 14. Cotton dress, £270, Kate Spade New York. 15. Suede dress, f195, & Other Stories. 16. Cotton and leather trainers, f59.99, Converse















# THE SUMMER ISSUE

**HOW TO STAY STYLISH IN THE SUN** 

Plus: Clever workwear, smart self-tanning and the most affordable sunshine beauty buys

# FREE WITH YOUR JUNE ELLE Percy & Reed HAIR Volumising No Oil Oil





No.1 best-selling product

'This is a smoothing, silkening saviour for my hair, which doesn't get on with serum or heavy oils. It makes

# THE Skin YOU live IN

Looking good isn't just about make-up trends, you need to get the basics right. For powerful skincare, harnessing nature's finest, head to **The Body Shop** 





**BEAUTY NEWS** To see the survey and book for free events hosted by The Body Shop go to thebodyshop.com/beautytruths

benefits of green tea for generations. Now The Body Shop has developed a new range of body products infused with real green tree — handpicked from the Mount Fuji region — to cleanse and revitalise.

#### For detoxified, soft skin:

Applied daily after your bath or shower, The Body Shop Fuji Green Tea Body Butter will deliver nourished, soft skin. For extra detoxification and deepcleansing benefits scrub with Fuji Green Tea Body Scrub twice a week. Job done.

#### **GET YOUR GLOW ON**

According to the survey, the biggest skin improvement ELLE readers would like to see is increased radiance. With lack of sleep and environmental stressors selected as top concerns, the popularity for glow-boosting products makes sense — and few ingredients can beat vitamin C's reputation for that.

#### FUJI **GREEN** Green Tea Body Butter, £13 **TEA** The Body Shop sources its green tea from the Mount Fuji region in Japan —it is hand-picked by experts to ensure the highest quality and most potent antioxidant properties





For increased radiance: The Body Shop new Vitamin C Glow Boosting Moisturiser features camu camu extract, (each berry is 60 times richer in Vitamin C than an orange). Apply this fresh, lightweight gel formula every day (available from May, but get a free sample now when you visit your nearest The Body Shop store\*\*) for brighter, more hydrated, healthy-looking skin.

#### **SOOTHE & HEAL**

While just under one sixth of ELLE readers would describe their complexion as sensitive, we are all familiar with the discomfort caused by irritated skin caused by anything from sunburn to wind exposure. Aloe vera has long been known for its gentle, soothing qualities and The Body Shop Aloe range containing 100% Community Fair Trade aloe — has been carefully created to meet the needs of sensitive skin.

For instant relief: Whether you need to use it regularly or just when flare-ups occur, The Body Shop Aloe Soothing Gel will cool and soothe instantly. A beautybag must-have if ever there was one.

'VITAMIN CHELPS WITH SKIN CELL RENEWAL AND REGENERATION, FOR SKIN THAT FEELS SMOOTHER AND LOOKS MORE GLOWING. IT IS ALSO A POWERFUL ANTIOXIDANT, FIGHTING AGAINST FREE RADICALS

DR TERRY, GLOBAL SKINCARE EXPERT



Aloe Soothing Gel, £8.50

quality and

efficacy

Aloe Calming

Toner, £8.50

#### **CAMOMILE**

Known for its calming 😘 properties, the camomile extract used in The Body Shop range are from flowers grown without pesticides and harvested at the perfect

time



Camomile Sumptuous Cleansing Butter, £12

#### **QUALITY CLEANSING**

It's been noted before: good skin starts with clean skin - and almost 80% of you consider it to be very important to your skincare regime. But being tough on make-up and grime shouldn't mean being harsh on skin, or have to involve a complex routine. The Body Shop's Camomile range — enriched with the legendary calming properties of camomile delivers on both to soothe and nourish while removing make-up effortlessly.

For fast, effective cleansing: In a hurry? The Body Shop Camomile Silky Cleansing Oil's blend of skin-softening oils and calming essential camomile oil - sourced from family-owned Community Fair Trade cooperative in Norfolk — leaves skin looking and feeling clean and soft in a flash.

momile Silk Cleansing Oil, £10

Camomile Waterproof Eye & Lip Make-Up Remover, £8

#### FREE SKIN CONSULTATION

Great skincare starts with knowing what works best for your skin. Visit The Body Shop for a free skincare consultation or go online and use the skincare diagnostic tool at skincareonline.thebodyshop.co.uk



Available in the finest salons and selected Boots, Superdrug and Debenhams stores and online.





# EVERYTHING THE ULTIMATE

Flawless foundation? Check. The perfect red lipstick? Sorted. We answer your five most-googled beauty questions, plus just about everything else. You're welcome

Compiled by Sophie Beresiner, Joely Walker and Natalie Lukaitis



#### **HOW TO COVER A SPOT**

1) Clean the area with a cotton pad soaked in cleansing water.
2) Apply a mattifying, oil-free primer (like Hourglass Veil Mineral Primer SPF 15, £52) all over your skin including the blemish. This allows make-up to stick and removes shine.

(3) Follow with a non-comedogenic (non-pore-blocking) foundation — mineral brands like bareMinerals or Youngblood Mineral Cosmetics are best. This will neutralise any redness.

(4) Apply a cream-based concealer (not a highlighting under-eye one) over the spot with a clean blending brush and buff it in using circular motions.

5 Dab a translucent loose powder over the spot with a sponge to hold the concealer in place, then dust over the rest of your face to blend.



# MINIMISE UNDER-EYE

- Apply an eye cream containing caffeine and vitamin C (like Super Facialist Dark Circles Eve Cream, £12.99) to reduce puffiness and brighten, drumming fingers around your eye socket to boost circulation.
- 2 Apply a light-reflecting concealing product (like Benefit Fakeup, £18.50) under eves and at the inner corners to brighten.

• Streak the three shades that are closest to your natural skin tone across your jawline. 2 Step outside with a mirror and go for the one you notice the least in natural light.

#### APPLY **FOUNDATION**

**1** Choose the right tool: a duo-fibre brush for liquid foundation, natural bristle for powder foundation, flatheaded for high coverage, sponge for a natural finish, or fingers for tinted moisturiser or BBs. 2 Use the 'streak and blend' method: swipe it on, then buff in circular motions.



# BRON7FR

To sculpt: Suck in cheeks and tap excess bronzer off the brush. Starting near your ear, buff back and forth under cheekbones. To glow: Tap excess off brush. Draw a '3' shape starting at your temples, working down to your cheekbones, then to your jawline. Finish with a dusting on your nose and chin.

#### APPLY HIGHLIGHTER

To sculpt: Suck in your cheeks, then apply highlighter from your brows down along cheekbones. buffing into skin.

To glow: Apply in a C-shape from your brow down around eve socket, plus a little down the centre of your nose and Cupid's bow.



DO DEWY RIGHT

- Hide dark circles and blemishes by dabbing the offending area with concealer.
- 2 Apply a tinted moisturiser all over your face.
- Oust translucent powder down the centre of the forehead, under the eyes and at the tip of the nose (you don't want shine here).
- Pat highlighter or gloss (Mac Pro Gloss, £16) on to your cheekbones, temples and Cupid's bow. Buff in with a clean brush.

#### FIX DRY SKIN

- ODon't use an exfoliator. Instead. use a muslin cloth and cleansing milk to gently remove dead skin.
- Pollow with facial oil (we like L'Oréal Paris Age Perfect Extraordinary Facial Oil, £19.99), to protect the lipid barrier, which prevents moisture from evaporating.
- ODo a deepmoisturising treatment weekly.



BANISH SHINE

- Use a face wash with salicylic acid, which will break down oil in the pores.
- 2 Use an oil-free moisturiser, then a primer with oilabsorbing powders to mattify and tighten pores (like



Nars Pore Refining Primer, £26). a Apply a matt foundation, then oil-absorbing loose power to finish.



POP A SPOT

- OSoak a flannel in hot water and press on spot to open pores.
- With tissues on your index fingers, place them either side of spot, press down and pull apart in the same motion.
- 3 If it pops, stop pressing when clear fluid or blood starts to come out. If it doesn't, leave it.
- Follow with a flannel soaked in very cold water and antibacterial cream.

#### **HOW TO SHRINK PORES**

1) Exfoliate your face to break up any dirt or oil, splash with cold water and apply a pore-tightening serum, such as No7 Beautiful Skin Pore Minimising Serum, £16. Use a sponge to apply a blurring, perfecting primer on to your skin, like Garnier 5-Second Perfect Blur, £12.99. Apply a light base, such as

a BB or CC cream, that won't sit in your pores, and avoid using highlighting products.



#### COLOUR CORRECT

Use a primer in the shade you need (choose from the following) before applying your make-up. If you have broken veins: counteract with yellow or apricot-toned primer. If you have spots: a green-toned base will beat redness. If you have sallow **skin:** use a pink or purple-toned base. If you have uneven skin: a CC cream will hide any discoloration and smooth texture.



#### FILL WRINKLES

• Prep the skin with a silicone primer (like Max Factor Facefinity All Day Primer, £10.99) before putting on your foundation. It will 'fill in' fine lines.
• Correct wrinkles with a retinoid night cream, like

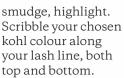
with a retinoid night cream, like Philosophy Help Me Retinol Night Treatment, £38.50. This will help build collagen in the skin, thus plumping it out and filling fine lines.



#### DO A SIMPLE SMOKY EYE

**FOM FORD** 

• First, remember your three-word mantra: draw,



Buff into skin with a soft, clean brush, and dab a lighter shade of kohl in the centre of your lid and just below the brow, blending well.

Finish with two coats of mascara.

#### DO FLAWLESS MASCARA

• Wiggle the wand into the roots of your lashes, drawing it outwards to coat each lash fully.

Now use the brush vertically on your lower lashes, using a light touch for subtle definition. Remove smudges with a cotton bud.



#### GROW OUT OVER-PLUCKED BROWS

• Apply a growth stimulator, such as RapidBrow, £37, then follow 'How to make your brows look thicker' on the opposite page.

2 Never pluck, ever!



CREATE A BROW ARCH

• Use a brow pencil to draw in hairs only where your natural arch is – using upward strokes – then draw along the top edge of your brow from start to finish.

2 Soften with a clean mascara wand and apply highlighter just below the arch.



1) After any eyeshadow, line your upper lash line with a kohl pencil, making sure the liner touches your eyelashes without leaving any gaps. If you need more help, draw on dots, then join them up.
2) Map out the shape of your flick by drawing a straight line from the corner of your eye upwards towards the corner of your eyebrow. Now join the two lines with a smooth curve.

3 Dip a fine-tipped eyeliner brush in gel eyeliner, wipe off any excess and go over the top of the existing line. Repeat on your other eye and stand back in the mirror to check whether they look even.

(4) Touch up any mistakes with a cotton bud dipped in cleanser.

# APPLY FALSE EYELASHES • Put on a coat of mascara first.

- Ocut the false lashes in half - it makes application easier. Pinch one end with tweezers.
- 3 Apply a thin layer of glue and leave for 30 seconds, then push against your top lash line at the outer corner only - it gives a moreflattering shape.
- Leave to set for a minute, then add another coat of mascara.

#### MAKE YOUR EYES LOOK ROUNDER

- Apply liner just below the bottom lashes in the middle only, and along top lashes, thickening in the centre of the eve.
- 2 Concentrate mascara on the middle section of both your top and bottom lashes.

#### STOP LINER FROM SMUDGING

- Use a waterproof liner over a primer.
- 2 Pat powder over the top, and avoid the temptation to rub your eyes when tired.

#### REMOVE EYE MAKE-UP

• Thoroughly soak a cotton pad in

make-up remover or micellar water. Hold down over closed lids for 30 seconds before sweeping away.

2 Repeat, then dip a cotton bud in remover and gently rub along lash line.

# PULL OFF BLUE EYESHADOW

- Team with black for a bi-colour smoke.
- 2 Apply blue eyeshadow under your eye, up to the lashline, buff into skin with a clean blending brush.
- a Line bottom waterline with black kohl. Apply grey or black eyeshadow to top eyelid and blend out to corners.



# LINE YOUR WATERLINE

- 1 Scribble kohl eye pencil on the back of your hand to warm and soften the nib.
- 2 Pull bottom lid down gently, and look up.
- 3 Run the edge of the nib, rather than the tip, across the rim of your lower lid, taking it right to the inner corner.
- With your finger, gently pull at the outer corner to flick the liner out a bit.

#### BOOST NATURAL ASHES

• Use a lash curler in three stages

- the base, then the middle, then the ends of your lashes.
- 2 Dot brown kohl eveliner into lash roots, both top and bottom.
- Apply three coats of mascara, letting it dry in between applications.



#### WEAR COLOURED FYFI INFR

#### Accent:

Complement a smoky eyeshadow with a touch of coloured kohl along the waterline. Follow with black mascara. Focus: Draw a sharp flicked liner on top lid - keep it thick and statement in teal blue, navy, purple or green.



#### WEAR COLOURED MASCARA

Accent: Wiggle black mascara into roots to define lashes. Finish off tips only with coloured mascara. Focus: Use an azure blue for the most flattering summer shade and apply several coats from root to tip. Contrast

with a dab of taupe shadow in the crease.

# GET BIGGER-LOOKING EYES

- ODon't apply liner all around the eye. Line from middle to outer corner only. and extend the line beyond the lashes to elongate.
- 2 Add highlighter at inner corners to widen eyes.

#### BRIGHTEN YOUR FYFS

ODot white highlighter or eveshadow into the inner corners and

buff into skin. Add some blue on the waterline or lashes to brighten the

# whites of your eyes.

BEAUTY HOW-TO

**HOW TO MAKE YOUR** 

where you have gaps.

**BROWS LOOK THICKER** 

1) Brush up your brows in the

direction they naturally grow,

then look in the mirror to see

2) Use a hard brow pencil to

flicking motions to mimic the

hairs. Concentrate colour in

your arch for more definition.

3 Brush up your brows with

a clear or coloured brow gel

(depending on how dark you

hairs and and fill in any gaps.

want to go) to catch on to

the remaining finer, lighter

sketch in your brows using

# CARRY OFF 'NO MASCARA'

- Apply taupe eyeshadow into eye crease and trace along top and bottom lash lines. Blend into skin.
- Apply nude eyeliner on the waterline.
- ©Contour cheeks and/or wear a bold lip. The look has to be purposeful or it will just look like you forgot.>





# WEAR EYE GLOSS

- Prep lids with an eyeshadow primer.
- 2 Apply all other make-up first. (The gloss will move it around.)
- 3 Dab an ointment like Lanolips 101 Ointment, £10.99, or Elizabeth Arden Eight Hour Cream Skin Protectant, £26, on to top lid in the middle only - don't take it all the way down to the lash line.

#### 'WFAR IN' EYE MAKE-UP

- Apply your eye make-up as usual.
- 2 Dab an emollient lotion over the top (Embryolisse Lait-Crème Concentré Nourishing Moisturiser, £13, is the pro choice) with fingertips.
- 3 Reapply make-up over the top.

# PREVENT EYESHADOW CREASING

- Apply an eyeshadow primer (or foundation) all over the eye socket.
- 2 Use powder shadow - cream will always crease.
- Apply with a brush for a more even wash.
- Finish with a dusting of loose powder over the eyeshadow to fix.



#### APPLY LIPSTICK

- OUsing a brush, start at the Cupid's bow using sharp, straight lines.
- 2 Trace around the lips, then fill. Apply at least two layers, blotting in between.

#### MAKE YOUR I IPSTICK LAST LONGER

- Colour lips with lip liner, then apply balm.
- 2 Apply lipstick over the top.
- 3 Blot and reapply.



# FIND YOUR PERFECT RED

Cool skin tone: Wear pink-toned or true reds with blue, rather than orange. undertones.

Warm skin tone: Wear coral, bright reds, or true reds

with orange undertones.

• Pick three shades from your group, try them on your hand go for the one that best complements your skin tone. (Look at it like a painting, rather than a person. It should be obvious.)

#### STOP LIPSTICK DRYING OUT

Avoid pure matt formulas and use a lanolin-based balm, rather than a petroleum-based one, as a base (after lip liner, as above).

HOW TO MAKE YOUR LIPS LOOK FULLER

Fill in the middle of your lips and blot.

draw your lips forward.

1) Pinch your lips to boost circulation and plump.

2 Define the outline of your lips with a lip pencil

that's the same shade as your natural lip colour.

3 Apply a pearlescent highlighting pencil on to

4) Go over your lips with lipstick and apply right

up to the drawn line - use a brush for precision.

5) Add a touch of gloss into the middle of your

lips only. This gives a plumping, 3D effect.

your Cupid's bow and under your bottom lip to



## PERFECT GLOSS

OLine and fill lips with matching colour pencil to stop the colour from feathering/bleeding.

 Layer matt lipstick over the top and blot.

Apply gloss with a brush to just inside the lip line, to keep it from moving.

#### FIX FLAKY LIPS

- Wet a flannel with hot water, squeeze excess, rub back and forth over lips.
- 2 Apply a lanolinbased balm over the top (try Lanolips 101 Ointment, £10.99).
- Repeat both steps twice a week.>





# 1

#### MAKE COLOUR LAST LONGER

• Wipe nails with polish remover to dehydrate them, remove oil and leave them in the perfect condition for base coat to stick. Apply nail polish, allowing to dry between each layer.
Finish with a glitter or shimmer shade for a longer-

#### **AVOID CHIPS**

lasting mani.

• To seal the colour in, brush a layer of top coat across the edge of each nail.

2 Apply top coat over the rest of your nail as below.



## APPLY POLISH PERFECTLY

• Start with your brush in the middle of your nail.

• Push it down to the cuticle, then sweep back up to the tip.
Repeat either side.

#### REMOVE HANGNAILS

• Soak your nails in a bowl of warm water for five minutes.

2 Clip off the hangnail neatly with sharp, clean cuticle scissors.

Apply a drop of vitamin E oil and massage in around the nail.

#### TIDY CUTICLES

• Apply a cuticle gel, like Sally Hansen Gel Cuticle Remover, £6.45, to the base of your nails, and massage in. Leave for five minutes.

• Gently push back your cuticles on all sides with an orange stick.

Wipe clean with warm, soapy water and a cotton pad, then massage in a nourishing cuticle cream. Repeat weekly to maintain healthy nails.



#### GET A PERFECT DIY MANI

•Shape your nails with a crystal file; it seals the keratin layers together to avoid peeling later.

2 Buff the top and edges of your nail to create a smooth surface, then wipe clean with nail polish remover to dehydrate.

Apply a layer of base coat and leave to dry.

OUsing long brush strokes from your cuticle to the tip of your nail, paint your nails with polish. Maximum coverage on the first coat will make the second one easier.

**⑤**Once the first coat is dry, apply a second one and clean up any mistakes. Try Nails Inc. SOS Nail Pen, £12, for ease.

• Apply a thin layer of top coat to add shine and lock in colour. Finish with cuticle oil.



FILL RIDGES

• Slowly buff the surface of your nails in one direction only. ● Invest in a ridgefilling basecoat like Essie Fill The Gap! Ridge Smoothing Base Coat, £11.95.

#### MAKE WEAK NAILS STRONG

• File from the edge to the centre of the nail. This will let the bulk of the nail help to support the edges and prevent splitting.

Treat with a nail strengthener like OPI Nail Envy, £19.50.

●Boost from the inside by taking a daily biotin vitamin supplement.



#### REMOVE GLITTER POLISH

• Drench a cotton wool ball in polish remover and place on your nail.

Secure the cotton wool by wrapping a strip of aluminum foil around your fingertip. Leave for five minutes to soak off the polish.

• Pinch the foil on your nail and slowly slide it off. The majority of the polish should come off with the foil.

◆Use a clean cotton pad and nail polish remover to take off any remaining polish. ●





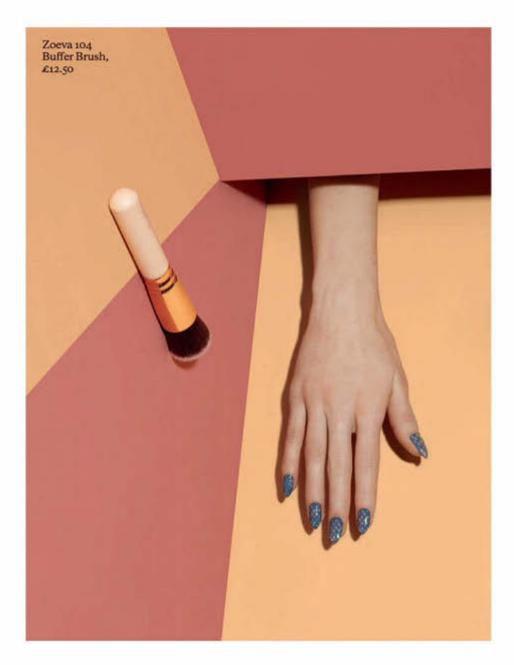




Beauty Sophie Beresiner Fashion Donna Wallace Photography Aaron Tilley Manicure Adam Slee

**How to wear grey** Create an alternative graphic ombré effect by painting each nail a different shade of grey. On nails, L-R: Rimmel 60 Seconds Nail Polish in Little Bo Peep, £2.99. YSL La Laque Couture in Beige Gallery, £19. Burberry Nail Polish in Dark Trench (also in bottle), £15. Rimmel Salon Pro by Kate in Moon (on both index fingers), £4.99. Mavala Mini Colour Nail Polish in Elle, £4.75. Christian Louboutin Nail Lacquer in Daffodile, £36. OPI Nail Lacquer in Dark Side of the Mood, £11.95>

249 ELLEUK.COM



# Make nail art graphic The shape and a steady hand are crucial here.

The shape and a steady hand are crucial here. File nails into a graphic squared point, then use a fine brush like Orly Instant Artist Detailer Brush, £13.50, to paint thin diagonal lines of polish. Let them dry then criss-cross over the other way. Finish with a fine trace of polish around the outline of your nail, and a high-shine topcoat. We used Rimmel I Love Lasting Finish Nail Polish in Loafer Love For You, £2.99; but any navy or deep grey would work.

250 ELLEUK.COM



Photography: Aaron Tilley.

bracelet, £595, Stella McCartney





Photography: Aaron Tilley.

"Shampoo and Conditioner vs. flat, limp hair.

www.dove.com



Photography. Aaron Tilley. Manicure: Adam Slee at Streeters using Rimmel London. Set design: Thomas Bird. Model: Kateryna at Hired Hands. For shopping details, see Address Book

# 52% OF YOU ALWAYS WEAR MAKE-UP TO LEAVE THE HOUSE



HAVE YOU EVER PUT
ON MAKE-UP BEFORE
YOUR PARTNER HAS
WOKEN UP?

Yes 25% No 75%



WHAT IS THE MOST MONEY YOU'D SPEND ON A MASCARA?

£5 3%; £10 12%; £15 20%; £20 48%; £30+17%

ONLY **5%** OF YOU SAY YOUR
PARTNER **NEVER** SEES
YOU WITHOUT MAKE-UP

# YOUR LIFE INBEAUTY

We know you care about how you look — but how do your stats stack up against the average?

In our definitive beauty survey, we reveal your real-life obsessions and habits...

n the list of things you're likely to drop £100 or more on this month, make-up, treatments and haircuts might seem a surprising priority given the prognosis of economic gloom. But that is indeed the case for a quarter of the 1,000 women we interviewed for our definitive poll on modern women's beauty habits. In fact, 4% of you regularly allocate between £250 to £500 of your monthly income to the cause.

But what price happiness? The overwhelming response we received was that taking care of the way you look has a knock-on effect to your well-being, with 45% saying the reason you put on make-up is to boost your confidence. (Filed under 'Things That Made Us Feel Proud': only 1% said it was to 'impress someone'.) Little wonder we spend an average of 3.8 days a year in front of the mirror applying it.

Flawless skin features heavily in our quest for beauty perfection. Most women would spend £35 on a foundation or moisturiser, with 62% saying the former is the most costly item in their make-up bag. Lipstick has been

elevated to luxury status: for 11% of you, it's your biggest splurge. And we all *love* mascara - in fact, 23% of you couldn't live without it, with most of you spending £20 a time.

It would be reductive to suggest these big numbers indicate the kind of pointless vanity we associate with the selfie set. Conversely, the stats reveal healthy attitudes towards how we look: 86% of women say their partner sees them without make-up 'often', 48% would happily leave the house without it, and 63% would have their photo taken au naturel.

Could it be that Generation Selfie is a myth? Not quite. We suspect that advances in social media are actually the cause of our new-found barefaced bravado - once you've posted one make-up-free selfie, it's a short route to #iwokeuplikethis.

Make-up or no, we're more comfortable than ever in our own skin. And if we want to treat ourselves to a slick of Mac Lady Danger lipstick before meeting friends for dinner, what of it? That's the beauty of beauty: everyone's different. Read on to find out where you fit in.

HOW MUCH DO YOU SPEND ON BEAUTY PER MONTH—INCLUDING GROOMING, FACIALS, PRODUCTS AND HAIR APPOINTMENTS?

60% OF YOUSPEND OVER £35 ON A MOISTURISER

Less than f50 **39%**; f50-f100 **37%**; f100-f250 **19%**; f250-f500 **4%**; f500+**1%** 



79% OF YOU DEAL WITH HAIR REMOVAL AT HOME.
2% DON'T BOTHER AT ALL



Always 7% Most days 25% Rarely 46% Never 22%



Never **55%**Very occasionally **39%**Once a month **1%**Once a week **5%** 





WHAT'S THE ONE PRODUCT YOU COULDN'T LIVE WITHOUT?

Mascara 23% Moisturiser 22% Foundation 17% Cleanser 13% Concealer 12% Lipstick 8% Bronzer/Blusher 3% Serum 1% Primer 1%

# 59% OF YOU WEAR MAKE-UP TO GO TO THE GYM

HOW LONG DOES IT
TAKE YOU TO PUT
ON MAKE-UP IN
THE MORNING?

5 minutes or less 20% 10-15 minutes 63% 30 minutes 15% 1 hour or more 2%

# WHAT IS THE MOST EXPENSIVE ITEM IN YOUR MAKE-UP BAG?

Foundation 62%
Lipstick 11%
Mascara 10%
Bronzer/Blusher 8%
Primer 4%
Concealer 4%
Nail polish 1%

# WHY DO YOU WEAR MAKE-UP?

To boost my confidence **45%**For myself only **34%**To be more attractive **18%**For my partner **1%**To impress someone
I like/my colleagues **1%** 



63% OF YOU
WOULD HAVE YOUR
PICTURE TAKEN
WITHOUT MAKE-UP

Photography: 3 Objectives, David Abrahams at MBK, Alexandra Leese. For shopping details, see Address Book



**Charlotte Tilbury** Filmstar Bronze & Glow, £49 (used with her Powder & Sculpt Brush, £35) I thought I was too pale for bronzer, but Charlotte herself showed me how to use this – it makes skin glow and

contouring easy Hourglass Visionaire Eyeshadow Duo in Suede, £28 The

perfect everyday

shades. Simple.

WATCH IT See how Beauty Director Sophie Beresiner gets her signature looks



Benefit Roller Lash. £19.50 Mascara is constantly evolving - for me, it's the most exciting drop in the beauty cupboard. This is my

Eyeko Me & My Shadow Waterproof Shadow Liner in Taupe, £15

current favourite.

A godsend - it's like the colour of my skin's own shadow, so I use it for defining my socket, as an undereye gloss and to amp up a red lip.



### Youngblood Loose Mineral Foundation, £34

I can't say enough good things about this. A dewy finish from a powder. A powder!

### Crème de la Mer The Radiant Concealer, £48

Miraculously immaculate undereyes. Enough said.



am I kidding? It's one of many, but it's great.

### 2 Mac Viva Glam Rihanna 2 Lipstick, £15.50

A killer gothic red. perfect for pale skin.

### 3 Givenchy Magic Khol Eve Contour Pencil in Black, £17

A smoke is never enough without the blackest kohl.

### 4 Maybelline Color Drama Intense Velvet Lip Pencil in In With Coral, £4.99 I've yet to find a more

pigmented pencil. 5 Chanel Hydra **Beauty Nutrition Nourishing Lip** Care, £30

My dry lips need this. 6 Tom Daxon Sicilian Wood EDP, £45

As cute as its contents are amazing



She has the entire beauty industry at her fingertips, but this is what Beauty Director Sophie Beresiner really has in her make-up bag

Photography David Abrahams





The Body Shop Fuji Green Tea Bath Tea, £18.

Drop this tea-laden infuser into your tub much like you'd brew a cuppa. Its blend of salt and antioxidant-rich green tea will detoxify your skin while you soak.



The beauty brief A super-boosting skin supplement, a

detoxifying green tea bath and the best new lip colours. The future's bright...

### TO-DO LIST

The easiest way to update your make-up look for spring? Bold colour on your lips. Here are three of the best (from left)

### Best for: Intense colour

A punchy shade often equals a drying finish. Not so with this lipstick: the gel formula keeps lips hydrated. Revlon Ultra HD Lipstick in Geranium, £7.99

### Best for: Durability

With a built-in primer, this lipstick has been formulated to last. On the texture spectrum, it's nearer to matt than glossy. Clinique Pop Lip

### Best for: Gloss fans

With its intense wet-look finish, this lipstick/gloss hybrid creates a statement look. Balance with glossy lids and a matt complexion. Kiko Glassy Lipgloss in Dynamic Pink, £7.90



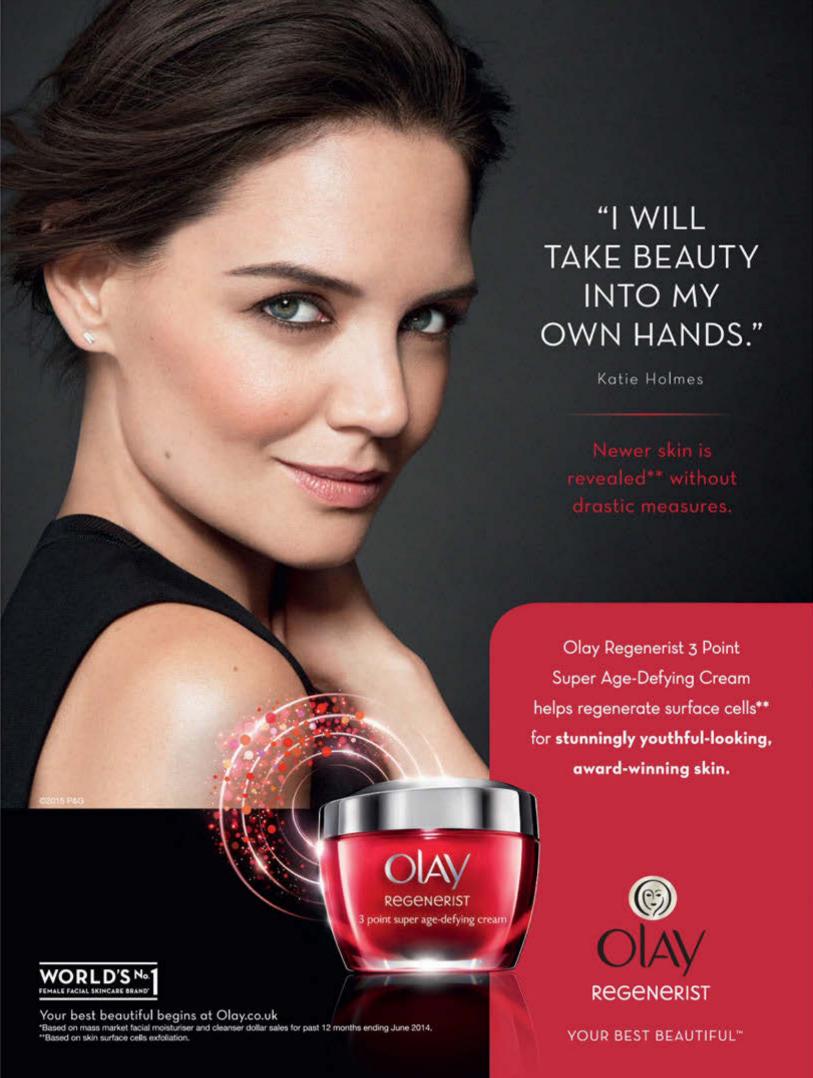
If you hate the feeling of make-up on your skin, allow us to introduce Bourjois Nude Sensation Blur Effect Foundation, £9.99. It smooths blemishes, rather than camouflaging them. The finish? It looks like your own skin, but better. Or go for bareMinerals Complexion Rescue SPF30, £27. This oil-free tinted moisturiser is loaded with electrolytes to hydrate your complexion a much-needed bonus during the summer.

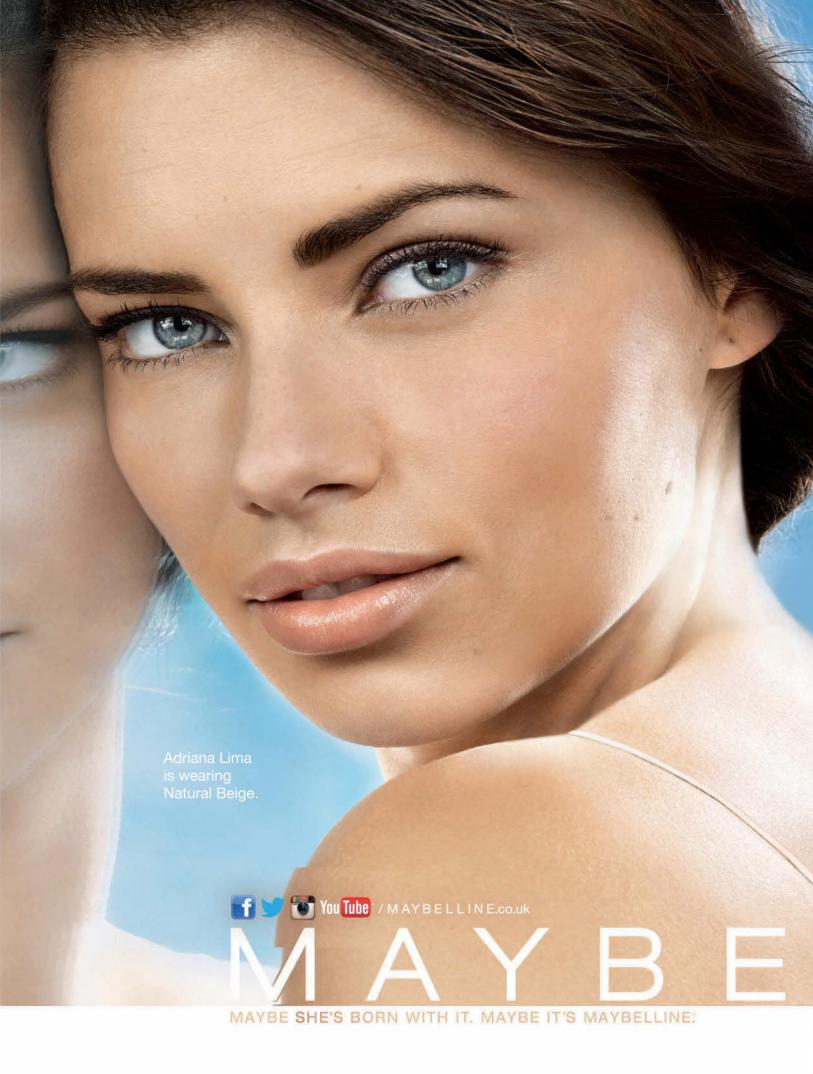
# THE SKIN SUPERFOOD

Mix this golden-hued nutrient booster with any moisturiser or eve cream. Like a multivitamin for the skin, it supplements your complexion with omegas 3, 6, 7 and 9, plus lycopene a tomato extract effective in mopping up ageing freeradicals. Fresh Seaberry Skin Nutrition Booster, £36



SHARE IT Meet the ELLE beauty team at fashioncupboard.elleuk.com





# FLAWLESS GOES NUDE 100% SECOND SKIN PERFECTION.

DROP BY DROP APPLICATOR

# OF COMMENTAL SERVICES NUDE

Concentrated pigments cover flawlessly, yet it is 12x FINER\* and gives a perfectly nude finish and feel. 100% second skin perfection.

# 0000000

7 perfect shades.

# TRY IT. FEEL IT. BELIEVE IT.

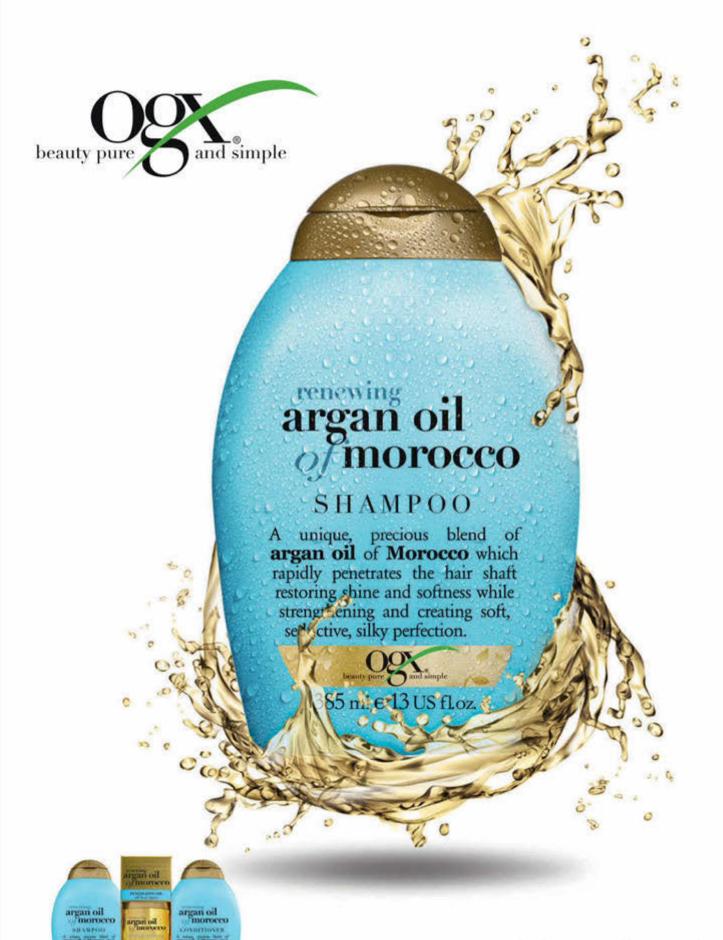
To discover our pro application video and for make-up artist tips, visit maybelline.co.uk/dream

THE STANKE OF TH

\*Vs. Dream Satin Liquid

E

NEWYORK



weightless... silky perfection

# THE **best** ive exernact

It's the beauty product you can't live without (and don't know how you ever did). Now, 24
A-listers and industry insiders share their beauty soulmates. Time you traded in?



'I love old-Hollywood glamour and I'm never without **Mac Lipstick in Ruby Woo**, £15.50. It is the perfect shade of red, whatever your hair colour.'

**Charlotte Olympia Dellal**, designer



'I almost always carry a lipstick with me; I dab it on to my cheeks and eyelids, too. L'Oréal Paris Color Riche Lipstick, £6.99, blends seamlessly.'

Blake Lively, actress



'The product that I couldn't live without? **Dior Rouge Lipstick in 999**, £26. It's the perfect redit makes me feel like a different woman when I wear it.'

Natalie Portman, actress

'I am never without Mac Lipstick in Lady Danger, £15.50 - it adds a dash of bright fun to any look.'





'Nude will always be my best lip. It's sexier, I feel. My tip is to prep the lips with a little balm and then apply Revlon ColorStay Lipliner in Nude, £6.29, followed by Revlon Super Lustrous Matte Lipstick in Nude Attitude, £7.49.'

Gucci Westman, Revlon

Global Creative Director



# Primer

'I swear, Dolce & Gabbana The Primer, £43, is heaven. It does everything: gives you a glow, instant gratification, has long-term benefits and just fills everything out.'>

Linda Evangelista, model



# You use it to face the day We use it to face cancer



Registered Charity No. 1031728



Multi-purpose balm 'I love Lucas' PaPaw Ointment, £4.95. I stock up when I'm in Oz.' Poppy Delevingne, model



## Concealer

'My signature make-up look is pared back. I always use Laura Mercier Secret Camouflage, £26.50.' Alexa Chung, presenter and model

'Concealer is my favourite product; I think it's the secret of the beauty universe. My Corrector, £19, lightens darkness under eyes and makes you look as if you've had eight hours' sleep when you've only had five.'

Bobbi Brown, make-up artist





## Mascara

'If I could only use one make-up product it would be mascara. It just makes me feel more awake. The double-ended Max Factor Excess Volume Extreme Impact Mascara, £12.99, is amazing.'

Gwyneth Paltrow, actress



# **Brow pencil**

'I've been using Shu Uemura Hard Formula in 02, £16.50, to draw my brows since the 1990s. The shade is great - it looks so natural. Because it's hard, each stroke looks like real hair.'

Millie Kendall. co-founder of thisisbeautymart.com



# Eye colour

Face scrub

'My favourite product is Sisley Gentle Facial Buffing Cream, £49. It's the only product that makes me feel as though my face is completely cleansed,

and I've never felt my skin feel

so soft as it does after using it.'

Emilia Wickstead, designer

'My all-time favourite Mac product is its Pro Longwear Paint Pot in Groundwork, £15.50, for that perfect creamy tea stain around the eye. I've been using it a lot lately, just with mascara. Effortless perfection.'>

Terry Barber, make-up artist



'Chanel Les Beiges All-In-One Healthy Glow Fluid, £34, has a modern texture that works on all skin types. It is the perfect minimal coverage to even out skin tone. I use it every day. '

Skin perfector

Mary Greenwell, celebrity make-up artist for Chanel

# **Foundation brush**

'BareMinerals Perfecting Face Brush, £24, is the closest you'll come to real-life Photoshop. Its flat top buffs the product on to skin quickly, evenly and effortlessly.'

Sophie Beresiner,

**ELLE Beauty Director** 





# **Contour stick**

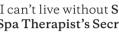
'My go-to is Nars Matte Multiple in Altai, £29. I like the creaminess - it glides on easily and blends seamlessly. The matt finish makes it look natural on the skin.'

Andrew Gallimore Nars UK Make-Up Artist Ambassador



# Face oil

'I can't live without Sanctuary Spa Therapist's Secret Facial Oil, £17.50. Lightly massage into the face - it boosts circulation and gives a radiant, healthy glow.'



Nichola Joss, Sanctuary Spa Skincare Expert



'I love St.Tropez Self Tan Dark **Spray**, because you can easily do a face spray and then you don't need make-up. Just a bit of tan, with mascara, creates my favourite natural look.'

Lou Teasdale.

celebrity hairstylist

## **Tinted moisturiser**

'Jouer Luminizing Moisture Tint, £30, upgrades my skin - it adds a glowing luminosity, has SPF20 and is waterresistant. There is nothing quite like it.'

Alexia Inge, co-founder of cultbeauty.co.uk



# Highlighter

'Max Factor Masterpiece Colour Precision Eye Shadow in Pearl Beige, £6.99, can be used at the inner corners of eyes and on the tops of cheekbones to enhance your features.'

### Pat McGrath MBE.

make-up artist



'Bobbi Brown Skin Foundation Stick in Warm Almond, £29, is so perfect. It's exactly my colour and just slides on like a dream. I love how small and slender it is - it fits in my teeny handbag on a night out. I hate sticky, messy foundation and I hate blobbing loads on my face. This gives perfect coverage in a perfect amount.'

## Sharmadean Reid.

WAH Nails founder

## Bronzer

'Ah, Benefit Hoola, £23.50, my Barbados in a box! A touch of bronzer adds a healthy glow and, for me, Hoola is the best. The matt finish means you can use it anywhere - on the face, the eyelids and even the lips. It's a staple in my make-up kit.'

Lisa Potter-Dixon, Benefit Head Make-Up & Trend Artist





Florrie White, Clinique UK



# Blusher



Colour Artist



# Moisturiser

'If I have to choose. I can't live without Charlotte Tilbury Charlotte's Magic Cream, £70. It instantly turns around tired, dehydrated skin, and is packed with a secret mix of ingredients.'

## Charlotte Tilbury

make-up artist

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# Look good, feel **better**

Experience has taught Sophie Beresiner that this rule definitely applies

t seems a little superficial, I know, but - wherever possible - if looking a bit better is a route to feeling a bit better, I'll take it. There is no shame in worrying about what you look like; remember the last time you bought a new pair of shoes or got a bouncy blow-dry, and suddenly felt more inclined to go out? That was when 'looking good = feeling better' last worked for you.

The concept applies in many scenarios, but rarely has been it been more powerfully apparent to me than when I used it to deal with the side effects of cancer treatment. This was a time when my

#@I\_LOVE\_LIPSTICK

appearance was suddenly nothing and everything all at once. I'd always known the simple power of a red lipstick to make me feel more up for a drink after work or better groomed for a photo, so I was fully prepared to adopt the same strategy when I lost my identity to chemotherapy. And you do lose your identity: there is something very generic about the no-hair thing. It denies your face a lot of its characteristics. But the thing is, you can essentially draw them back in, and already feel better because you recognise yourself in the mirror again. The arrival of my first wig marked the first time I was confident enough to go out for lunch and enjoy it.

This isn't just my genius theory: there's a charity out there, aptly called Look Good Feel Better, that has the same philosophy and that puts on workshops to teach cancer patients how to look good and to, well, feel better. This isn't about a bit of slap and the best wig shop in your area; it's about sharing the experience with other women in the same situation and being allowed to worry about your appearance while the doctors worry about your health.

My own experience with Look Good Feel Better came about after I started a blog to share my journey, applying my existing beauty knowledge within this new context. My thoughts resonated so strongly with the charity, we were a natural fit: I became a trial-and-error ambassador for its philosophy. I know first-hand how empowering it is to wear a wig and some clever make-up and not be rumbled as a pale-skinned cancer patient underneath.

If you understand the power of a perfectly groomed eyebrow or Beyonce's epic weave, then you are already on board. So this month, when you buy any product from the ELLE Beauty Shop on lookfantastic.com, 10% of the cost goes to the Look Good Feel Better charity. Plus, look out for extra exclusive offers to support the charity from various brands on the site all month. As far as shopping excuses go, this is a good'un. And you'll look and feel better for it, too.



Inspired? Then get involved in Feel Better Week, from 1-7 June. This year, there are some brilliant ways to take part. And you should – for the fun, and to feel good about helping other people. In the words of a big sportswear brand: just do it.

The Colour Run (various dates, go to the colour run.co.uk) is a great way of contributing. I did it last year, and felt like I was part of a festival on legs. For a fundraising pack, email fundraising@lgfb.co.uk, then tweet me your efforts.

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us do just that with

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skincare that is designed

even the most sensitive.



### Polyamide-mix sports bra, £55, BoomBoom Athletica

Masterminded by ultra-marathon runner Ann Johansson, this bra looks stylish – you could totally wear it layered under a cashmere vest – but it will also go the distance when you're training.

### PVC yoga mat, £89, La Vie Boheme Yoga, exclusive to B London Boutique

Behold, the world's most beautiful yoga mat! It makes me want to stop running and start stretching. Jessica Alba and Lea Michele are among the brand's A-list fans.

### DO IT

Yoga teacher Jessica Skye demonstrates stretches for runners at elleuk.com/beauty

# SHOP THIS

DRINK UP

# Suede-mix trainers, f85. Puma Ignite

An incredibly responsive ride. The sole offers maximum energy return (making those long runs feel that little bit easier), plus the upper is secure and comfy. The design is inspired by a speeding comet – which bodes well for those personal bests, right?

### ELLEco Super Shake, £45

Elle Macpherson is adding to her luxe supplement offering with this new Super Shake. With 30g protein per portion and the full spectrum of amino acids your body needs to repair postworkout, this organic and vegan Peruvian cacao shake will boost your regime.

# **FIT NOTES**

ELLE's Amy Lawrenson wears make-up to work out, and she's not afraid to admit it. But does it make her fitter?

### **▶**@AMYLAWRENSON

his being the Beauty Issue, I thought it the perfect time to address the taboo subject of wearing make-up when exercising, because I wear make-up to the gym. Not a lot, mind. Just enough to cover an uneven skin tone and hide sleep-deprived eyes, particularly during early morning sessions. After cleansing with a micellar water (I use Ren Rosa Centifolia 3-in-1 Cleansing Water, £13, or Bioderma Sensibio H2O, £10.20). I'll follow with a serum (Radical Skincare Advanced Peptide Antioxidant Serum, £125 - it's worth the money, I promise), then tinted moisturiser and mascara. Call me vain, but this is the minimum I'd wear to go out, whether I'm going to the gym to lift weights or buying milk. I'm a beauty editor, it's what I do. Our beauty survey (p256) found I'm not alone: 59% of women wear make-up when exercising. I come across a lot of women who find exercise especially in a group situation - daunting. because you're in a vulnerable state: sweaty, with tufty hair. If make-up or a braided updo make you feel more confident and, in theory, able to perform better, then what's the harm? Just remember to let your skin breathe. Here are my gym make-up picks:

Oxygenetix Foundation, £45. Created for doctors, this breathable foundation can be used post-surgery. Wear it without fear of clogged pores and breakouts.
 Clinique High Impact Waterproof Mascara, £17.50. Unless you want to look like a sweaty panda, this is a must.
 Becca Beach Tint, £20. Incredibly versatile. Blend this on to lips and cheeks for a healthy flush. It's water resistant (and thus sweat-proof), too.

## #ELLEFIT

**And stretch...** If, like Team ELLE, you love running, then you're likely to be tight around the glutes and hips. *Becoming A Supple Leopard*, by Dr Kelly Starrett (who owns a CrossFit gym and has coached Olympians and dancers alike), has all the info you need to improve your mobility and posture. Be warned: just carrying the 400-page book around is a workout in itself.

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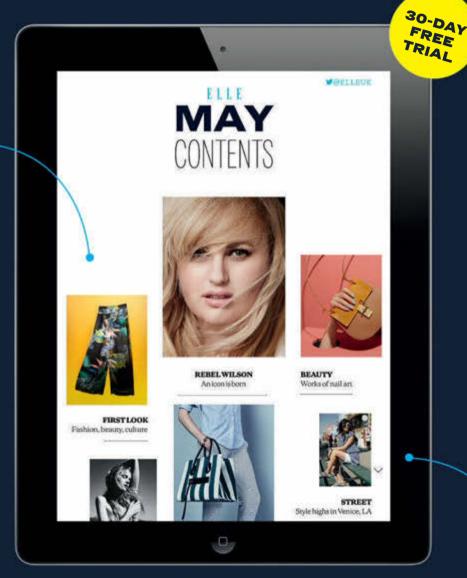


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# TRAVEL



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As Palm Springs gears up for another influx of stars for Coachella festival, Stephanie Theobald takes some time out in the new It destination



I'm waiting in line for an iced skinny latte behind Beverly Johnson, America's first black supermodel. Next to me is an octogenarian millionaire who's telling me all about the revamped motel over the road. 'It's fabulous!' he exclaims. 'It's where Marilyn Monroe used to shower naked outdoors!'

Koffi would be an out-of-the-ordinary coffee shop in most towns - but not Palm Springs. Shannon Flynn, 22, who's serving me today, says it was this mix of fabulous and hip that attracted her to move here from San Diego a year ago. 'It's perfect,' she insists. 'The sun always shines, there's loads to do and there's an amazing mix of people.'

It's the Coachella music festival that she's looking forward to next. Every April, around 200,000 twentyand thirtysomethings descend on Palm Springs to party in a variety of pools

around town. Now in its 16th year, Coachella also attracts an increasing number of stars - from Beyoncé and Jay Z to Rihanna and Cara Delevingne. The after-parties at the trendy Ace Hotel and the riotous Hard Rock, and the 'Splash' pool parties at the high-colour Saguaro hotel, are now legendary. It's a 30-minute drive from Palm Springs to the festival site in Indio, and with hotels providing free shuttle buses and welcoming pools on your return, don't even think about slumming it on the camp site.

But it's not just Coachella bringing in the A-list. This January's Palm Springs International Film Festival set the town ablaze with the likes of Eddie Redmayne, Julianne Moore, Brad Pitt and Reese Witherspoon; on Valentine's Day, President Obama

turned up to play golf.

The stars are putting down roots, too: Leonardo DiCaprio bought a property here last year (which you can now rent for £2,950 a night), Anne Hathaway has been spotted house-hunting and Ryan Gosling and Eva Mendes love to shop for furniture in the town's new Uptown Design District.

In short, Palm Springs has become the hot new getaway for the Hollywood crowd. Although you still get glimmers of the town's fabulously kitsch past and old-school Rat Pack vibe (you can still go and see Ol' Blue Eyes' piano-shaped pool at the Twin Palms Frank Sinatra Estate – either pay for a private tour or just go to the back entrance and peer over the hedge), the town's faded glory has been pimped once more, with new super-luxe hotels and spas.

This is why I love Palm Springs: the old coexists happily with the new in a surreal and decadent way - kitsch and retro one minute, classy the next.

In the middle of a Californian desert,
Lincolns and Cadillacs cruise down the
streets and shop owners
spray cool water over
passers-by against the
backdrop of palm trees
and manufactures all bethed

and mountains, all bathed in a luxuriant heat.

I first came here three years ago to see a friend, Richard Dupont, who'd moved to Palm Springs from New York. He and his twin brother Robert used to be part of Andy Warhol's Studio 54 entourage, but Richard moved because, 'life's easier here'.

This is the first time I've been back since that trip in 2012, and Richard is taking me around to show me how things have changed: the place is a lot busier, with new hotels and shops shooting up all over, but the essential vibe is still there.

I meet London banker Sam Savigear, 32, at the Alcazar, an intimate, Spanishstyle motel. Sam says she's 'blown away' by Palm Springs. Yesterday, she spent a day by the pool eavesdropping on two young Americans talking about their film script. Later she hit groovy concept

store Raymond Lawrence, where she nearly bought a huge foam Barbie wig. She had been staying with her friend in LA, a two-hour drive away, but says she prefers Palm Springs as it's much easier to navigate.

And it is. The Alcazar is in Palm Springs' northern Uptown Design District. This is the trendy, shoppingheaven part of town, where you can snare a great bargain on anything from an Eames chair to a Bakelite bracelet, a vintage cocktail shaker or a framed copy of Andy Warhol's Interview magazine. If you don't have space in your luggage for mid-century modern furniture (Palm Springs is famous for this Fifties and Sixties-era aesthetic), then check out the beachwear in Trina Turk (think Mad Men meets Fellini), or Mitchells, a groovy new vintage store with a big section of Seventies jumpsuits by Courrèges and Oscar de la Renta. Angel View thrift store has the most eclectic, well-priced second-hand clothes: I came out with a black 1980s Sonia Rykiel jacket (£5), a gold Oleg Cassini cocktail dress circa 1960 (£19) and a fringed Pocahontas suede coat (£9).

Mid-town Palm Springs is all about restaurants, while the southern part of town is quieter (apart from when

down the

streets against

the backdrop of

palm trees and

mountains'

Coachella blows in) and has great boutique hotels, such as the zen-chic Sparrows Lodge, and some old-school diners like Elmer's, which has pictures of Sammy Davis Jr on the walls.

Layers of the old Palm Springs are everywhere. The Thirties villas at the Viceroy recall the time, during the golden age of Hollywood, when actors such as



Above: The colourful exterior of The Saguaro Palm Springs. Below: The pool bar at The Riviera Palm Springs





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Rudolph Valentino would come out to the desert to film, and then need somewhere to stay. But Palm Springs really hit the big time in the Fifties and Sixties, when stars

such as Marlon Brando, Lauren Bacall, Steve McQueen, Cary Grant and Clark Gable would cruise up here in their convertibles, attracted by the fact that it was only a short drive from LA. It was an optimistic, can-do era in American history and this was reflected in the architecture of the time. When you first see a classic Palm Springs house, you can't quite decide if it's retro or futuristic: simple forms fashioned from steel, glass and concrete that stun against the magical light of the desert. To be honest, anything would look good in that mesmerising light, especially in what they call the 'pink moment', minutes before the sun sets or rises and the mountains shine rosy.

In the Seventies, Palm Springs became the place you'd go to have a sophisticated dirty weekend, but by the late Eighties and Nineties, the city was seen as a little cheesy. Who wanted to be reminded of the Rat Pack and Liberace in an era where the design aesthetic was all about the ultra-hip? The newly developed Las Vegas was the hotspot of the time.

Then, 10 years ago, Modernism Week was launched, offering the public privileged glimpses of the city's most glamorous mid-century modern real estate. It kick-started Palm Springs' resurgence just as Miami Beach began a new boom when its art-deco architecture was rediscovered.

'The heat here is

so intense that

it'll whack any

too-cool-for-

school thoughts

right out of

your system'

Communications director and resident Joe Enos says that gay men were also key in getting Palm Springs its groove back: 'The gays began arriving en masse in the early Noughties, and found these spectacular properties in stellar condition.'

Palm Springs' star continues to rise. Facebook multimillionaire Ezra Callahan is about to open a hotel known as The Arrive; and The Horizon, where Marilyn Monroe was indeed fond of taking naked outdoor showers, is being revamped by a would-be Ian Schrager from

Santa Barbara called Steve Hermann. It reopens this summer. The Colony Palms Hotel, built by a reputed mobster, is the talk of the town, thanks to the eccentric makeover of its *Arabian Nights*-themed restaurant, Purple Palm.

That is another of the charms of Palm Springs. Depending on which hotel you stay at, you feel as though you could be anywhere in the world. The Colony Palms, for instance, is billed as 'Chateau Marmont in the desert'. The Parker (a former ELLE photo shoot location) feels like you just fell down the Alice In Wonderland rabbit hole and is where the celebs hang out during the festivals: check out the amazing spa and you might bump into some of them. The grand Riviera gives you a taste of slick Las Vegas, while the Saguaro is very Electric Kool-Aid Acid Test meets David LaChapelle, with lots of models being photographed by the pool. And when you want to really revisit the past, there is the Viceroy - all hummingbirds, secret topiary alcoves and a sense that you might spy Greta Garbo at any moment (she used to stay here back in the Thirties).

Tiki is massive here, too. It was part of the imagery of the golden age in Palm



Left: Frank
Sinatra taking
it easy at his
Palm Springs
home (helow)





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Springs: hula skirts, shiny vintage convertibles, Elvis in Blue Hawaii.

My friend Richard says he worries that Palm Springs might be becoming too hip for its own good, and when that 'Fear and Loathing... in Palm Springs' feeling sets in (if you're like me, that'll be after four days of the cocktails, the smiles, the fluffy psychedelia...), I head for the 'high desert', as they call it. An hour's drive north of Palm Springs will take you to a tiny town in the middle of nowhere called Pioneertown. The place started life as a Western movie set in the Forties - John Wayne filmed up here - and the only other feature is a massive roadhouse called Pappy and Harriet's, which hosts gigs by the likes of Sean Lennon and Rufus Wainwright.

But, frankly, you're not likely to have too many Fear and Loathing... moments. The great thing about Palm Springs is that you don't have to worry about doing the right thing or drinking at the right bar. The heat here is so intense that it'll whack any too-cool-for-school thoughts right out of your system. You will fall into a state of what Richard calls 'guacamole brain', where your only worries will be: 'Is that palm tree going to block my sun?' and, 'What time does the bus arrive to take me back to Coachella?'

British Airways (ba.com) flies return from London Heathrow to LAX, from £650 return. It's a two-hour drive from LA, Seven-day car hire starts from £100, carrentals.co.uk. For more information, see visitpalmsprings.com.

### WHERE TO STAY

### **Viceroy Palm Springs**

415 South Belardo Road; +1 760 320 4117; viceroyhotelsandresorts.com. Premium Studio from £168, room only. Old Hollywood glamour.

### **Colony Palms Hotel**

572 N. Indian Canyon Drive; +1 760 969 1800; colonypalmshotel.com. Doubles from £167, room only. Boutique hotel plus kitsch Purple Palms restaurant. Alcazar Palm Springs Hote 622 N. Palm Canyon Drive; +1 760 318 9850: alcazar palmsprings.com. Poolside doubles from £77, room only.

### Spanish courtyard-style hotel. The Saguaro Palm 9

1800 E. Palm Canyon Drive; +1 760 323 1711; the saguaro.com. Doubles from £90, room only, Colourful and cool, but not scarily trendy.

### The Palm Springs Hote

2135 N. Palm Canyon Drive; +1 760 459 1255; thepalmspringshotel.com. Doubles from £157, room only, Cheap, cheerful and movie-themed. **Riviera Palm Springs** 

## 1600 North Indian Canyon Drive;

+1 760 327 8311; psriviera.com. Doubles from £161.00, room only. Ab Fab meets Las Vegas.

### Parker Hotel

4200 E. Palm Canyon Drive; +1 760 770 5000; theparkerpalmsprings.com. Doubles from £160, room only. Croquet lawns and otherworldly vibe.

1330 E. Palm Canyon Drive; +1 760 327 2300; sparrowshotel.com. Doubles from £161, room only. Chic and zen-themed.

### **Ace Hotel Palm Springs**

701 E. Palm Canyon Drive; +1 760 325 9900; acehotel.com/palmsprings. Doubles from £140, room only. Super-cool and very central.

### **BARS AND RESTAURANTS**

### **Bootlegger Tiki**

1101 Palm Canvon Drive: +1 760 318 4154; bootleggertiki.com. A speakeasy vibe in the hip Uptown Design District

### **Pappy and Harriet's**

53688 Pioneertown Road, Pioneertown; +1760 365 5956; pappyandharriets. com. Live bands and great food.

### 515 N. Palm Canyon Drive: +1 760 416 2244; kofficoffee. com. Cool coffee shop with a big buzz.

800N. Palm Canyon Drive, Suite G; +1 760 459 3451; workshop palmsprings. com. High-end American cuisine.

1030 E. Palm Canyon Drive; +1 760 327 8419 eatatelmers com An old-school institution.

### SHOPS

1223 Burlingame Ave. Burlingame; +1 650 340 8540; trinaturk.com. Chic psychedelic beachwear.

106 S. Indian Canyon Drive; +1 760 864 1515; mitchellsps.com. Vintage clothing and accessories.

### **Angel View**

454 N. Indian Canyon Drive; +1 760 320 1733; angelview.org. More great thrift: f1 Levi's to f6 Bob Mackie.

## **Raymond Lawrence**

830 N. Palm Canyon Drive; +1 760 322 3344; raymond-lawrence.com. A fashion concept store.

### Hedae

68929 Perez Road, Cathedral City; +1 760 770 0090; hedgepalmsprings. com. Mid-century furniture heaven.

### **FESTIVALS**

### Coachella

Music and arts festival, from April 10-12 and 17-19; coachella.com.





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### THE FOOD

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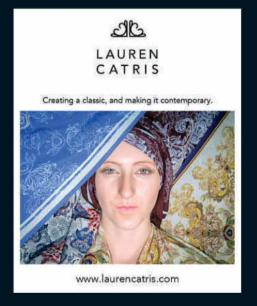


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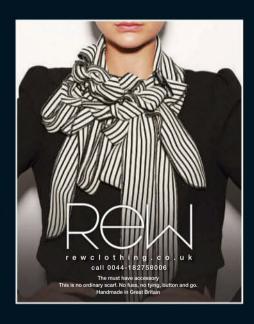
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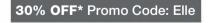


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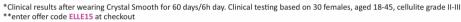


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# DOYOUNEED ABODY GURU?

# For the ultimate slender and shaped body, there's one man to turn to. Meet Dr Roman, the guru of body transformation

It's time to start to thinking about how you can get that great shape and look good in your skimpy shorts and bikinis this summer.

If that prospect is making you feel a little nervous, relax, and put your body in the hands of the man they call The Magician, Dr Georges Roman.

With a client list that includes supermodels, actors and royalty, Dr Roman is acknowledged as one of the world's most talented cosmetic doctors, with a wealth of experience in London and his native Paris. He is particularly known for his skills with Ultra Lipolyse.

This body perfecting treatment uses lasers to break down fat cells, then tightens the skin for the ultimate sleek, summer body.

Because of his exceptional experience, Dr Roman can not only slim, but lift and shape the body, magically creating amazing slender thighs, pert bottoms, taut tummies and super-gorgeous curves where nature forgot to supply them.

Ultra Lipolyse can even target previously impossible to treat areas such as calves, knees, upper arms and the jawline.

"I consistently get dramatic results with minimal downtime," says Dr Roman. "A single treatment now, will transform your body"

Naturally, these treatments are in hot demand, so for a better body before summer, call now and experience Dr Roman's magic for yourself!

For a complimentary consultation please call The Aesthetic Medical Clinic 43 Devonshire Street | London W1G 7AL. Tel: +44 (0)20 7636 1313 | info@aestheticmedicontour.com



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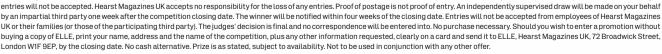
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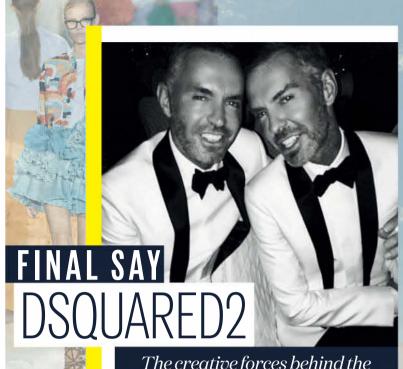
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The creative forces behind the label, **twin brothers Dean and Dan Caten**, 50, share what inspires and motivates them

WHAT IS THE MOST IMPORTANT QUALITY REQUIRED TO DO YOUR JOB? Passion.

**WHAT KEEPS YOU UP AT NIGHT?** New, creative ideas. We always have something in mind, but at night we are definitely more concentrated.

IF YOU COULD ONLY WEAR ONE DESIGNER, IT
WOULD BE...? Dsquared2 WHICH FASHION SHOW DO
YOU WISH YOU HAD SEEN? The last show of Yves
Saint Laurent, in 2002.

WHAT DO YOU DO WHEN YOU ARE BORED?

Travel. Our last trip was Acapulco, Mexico. The beaches are beautiful. **WHAT IS THE VIEW FROM YOUR OFFICE?** The Milan skyline.

DESCRIBE YOUR LATEST COLLECTION IN THREE WORDS.

GLAM, VOLUME,



WHAT HAS BEEN YOUR BEST AGE?





# WHAT IS YOUR FAVOURITE COLOUR?

WE LOVE ALL COLOURS. HOWEVER, THE
BRIGHTEST AND FLASHIEST ONES LIKE
ORANGE, PINK, YELLOW AND GREEN
NEONS ARE OUR FAVOURITES.

WHEN WAS THE LAST TIME YOU CRIED? At our 50th birthday, with all our friends and family.

**ARE YOU BETTER SINGERS OR DANCERS?** Definitely dancers. Depending on the mood of the day, we listen and dance to boogie or rock music.

WHAT CHANGE WOULD YOU MOST LIKE TO SEE IN THE WORLD? More people who care about others. WHAT WOULD BE ON YOUR TOMBSTONE? Lovely words from our family, especially our sister, Kathy.

STYLE IS ...? Personality.

DESCRIBE YOUR PERFECT NIGHT OUT.

DINNER AT CERESIO 7, MILAN – IT HAS AN AMAZING VIEW OF THE CITY, OUR FAVOURITE DISH IS THE MEATBALLS IN TOMATO SAUCE, WASHED DOWN WITH A CERESIO SPRITZ.

DO YOU READ REVIEWS OF YOUR SHOWS? Of course! WHAT IS THE FIRST THING YOU DO EVERY MORNING? We always start the day with a skinny latte.

**ARE YOU GOOD BOSSES?** We hope so! We are always open to suggestions and very much welcome ideas from our team.

WHAT ONE QUALITY DO YOU LOOK FOR IN A FRIEND? Honesty. WHAT IS YOUR WORST HABIT?

Probably smoking.

WHERE WOULD YOU LIKE TO LIVE? We love where we live in West London.

WHAT IS YOUR FAVOURITE DRINK? Dom Perignon. WHAT BOOK DO YOU MOST RECOMMEND?

The Giver by Lois Lowry. It's an extraordinary story.





UK JEWELLERY DESIGNER OF THE YEAR

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